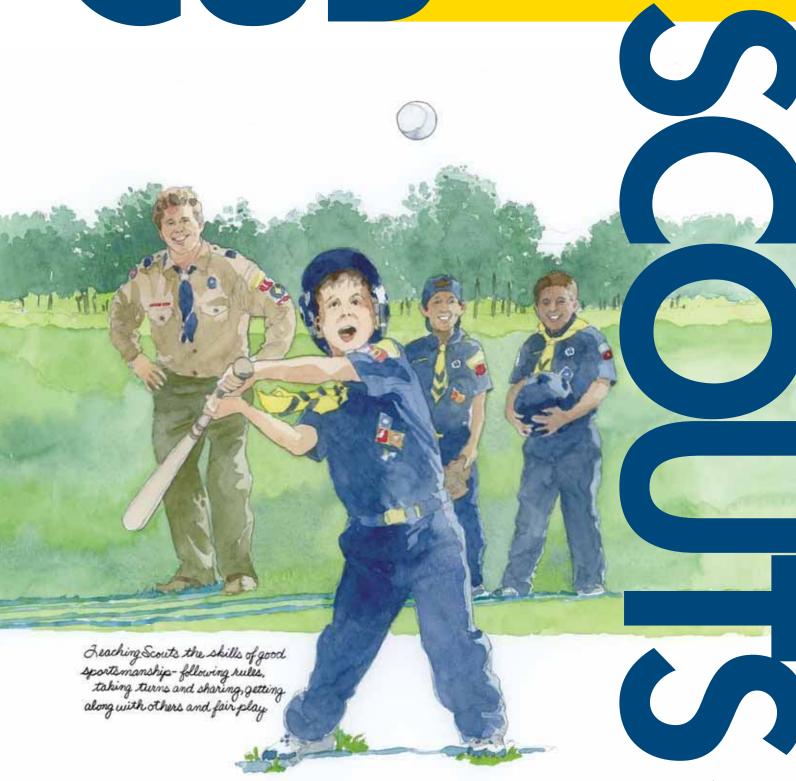
### Den & Pack Meeting Resource Guide









### THANKS TO YOU, MILLIONS OF BOYS ...

... Become More Confident

... Grow Spiritually

... Are Better Citizens

... Learn Life Skills

... and Have Fun!!

You have our eternal thanks for helping make this an everyday reality!

The Boy Scouts of America welcomes your comments and suggestions on how to Improve this resource.



# RESOURCE GUIDE

Important Changes to the Boy Scouts of America's Youth Protection Training Policies

Recently, the Boy Scouts of America announced important changes to its Youth

Protection policies. The purpose of these changes is to increase awareness of

this societal problem and to create even greater barriers to abuse than already

exist today in Scouting.

Effective June 1, 2010, Youth Protection training is required for all BSA

registered volunteers, regardless of their position(s).

New leaders are required to take Youth Protection training before submitting an

application for registration. The certificate of completion for this training must be

submitted at the time the application is made and before volunteer service with

youth begins.

Youth Protection training must be taken every two years. If a volunteer's Youth

Protection training record is not current at the time of recharter, the volunteer will

not be reregistered.

To find out more about the Youth Protection policies of the Boy Scouts of America

and how to help Scouting keep your family safe, see the Parent's Guide in any of

the Cub Scouting or Boy Scouting handbooks, or go to http://www.scouting.org/

Training/YouthProtection.aspx.

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### INTRODUCTION

Welcome, Cub Scout leader! You have chosen to make an important difference in the lives of the boys in your den and pack.
With your guidance as their leader, the Cub Scouts will develop character, leadership skills, responsibility, fitness, and a love for fun with a purpose. Your role as a den leader or Cubmaster is a critical one to a boy's success and continued involvement in Cub Scouting.

This *Resource Guide* is designed to help prepare you for your den and pack meetings and to provide you with the tools necessary to advance your boys along the Cub Scout advancement trail.

This book is divided into four sections:

- **I. Overview of Cub Scouting and Using the Den & Pack Meeting Resource Guide:** This section should be reviewed prior to any Cub Scout activities as it provides the fundamental purpose, methods, and ideals of Cub Scouting as well as the structure of how the program works and key tips about conducting den and pack meetings.
- **II. Den Meeting Plans:** The den meeting plans are the core of the Cub Scouts delivery method. They represent the guide to advancement and have been developed directly from the Cub Scout handbooks. Used as indicated in this section, they are the key to advancement and retaining boys throughout the program.
- III. Pack Meeting Plans: This section provides guidance on planning and executing the monthly pack meetings for Cubmasters and committee members. It is important for den leaders as they may have pack meeting responsibilities for themselves or their den members. Also, pack meeting involvement is important to the recognition of a boy's advancement and to parental satisfaction.
- **IV. Resources, Forms, and Applications:** This appendix lists resources needed by the den leader and Cubmaster to effectively carry out their responsibilities. These resources are referenced in the den and pack meeting plans and should be used as needed.



## OVERVIEW



### **Overview of Cub Scouting**

The Cub Scout *Den & Pack Meeting Resource Guide* is designed to have everything a leader needs to plan and conduct den and pack meetings. The activities found in the *Resource Guide* are designed to support the purposes of Cub Scouting and are chosen to help promote the overall aims of Scouting:

- ► To develop a boy's character,
- ► Train him in good citizenship,
- ▶ And encourage him to become more fit—physically, mentally, and morally.

### **Purposes of Cub Scouting**

Cub Scouting is a year-round, family-oriented part of the Boy Scouts of America program designed for boys who are in first through fifth grades (or are 7, 8, 9, and 10 years of age). Parents, leaders, and organizations work together to achieve the 10 purposes of Cub Scouting:

- ► Character Development
- ► Spiritual Growth
- ► Good Citizenship
- Sportsmanship and Fitness
- ► Family Understanding
- ► Respectful Relationships
- ▶ Personal Achievement
- ► Friendly Service
- ► Fun and Adventure
- ► Preparation for Boy Scouts

All the activities leaders plan and boys enjoy should relate to one or more of these purposes.

### The Methods of Cub Scouting

Cub Scouting uses eight specific methods to achieve Scouting's aims of helping boys and young adults build character, train in the responsibilities of citizenship, and develop personal fitness. These methods are incorporated into all aspects of the program. Through these methods, Cub Scouting happens in the lives of boys and their families.

- **1. The ideals:** The Cub Scout Promise, the Law of the Pack, and the Cub Scout sign, handshake, motto, and salute all teach good citizenship and contribute to a boy's sense of belonging.
- **2. The den:** Boys like to belong to a group. The den is the place where boys learn new skills and develop interests in new things. They have fun in den meetings, during indoor and outdoor activities, and on field trips. As part of a small group of six to eight boys, they are able to learn sportsmanship and good citizenship. They learn how to get along with others. They learn how to do their best, not just for themselves but also for the den.
- **3. Advancement:** Recognition is important to boys. The advancement plan provides fun for the boys, gives them a sense of personal achievement as they earn badges, and strengthens family understanding. Cub Scout leaders and adult family members work with boys on advancement projects.
- **4. Family involvement:** Family involvement is an essential part of Cub Scouting. When we speak of parents or families, we are not referring to any particular family structure. Some boys live with two parents, some live with one parent, some have foster parents, and some live with other relatives or guardians. Whomever a boy calls his family is his family in Cub Scouting.
- **5. Activities:** In Cub Scouting, boys participate in a wide variety of den and pack activities, such as games, projects, skits, stunts, songs, outdoor activities, and trips. Also, the Cub Scout Academics and Sports program and Cub Scouting's Fun for the Family include activities that encourage personal achievement and family involvement.
- **6. Home- and neighborhood-centered:** Cub Scouting meetings and activities happen in urban areas, in rural communities, in large cities, in small towns—wherever boys live.
- **7. The uniform:** The Cub Scout uniform helps build pride, loyalty, and self-respect. Wearing the uniform to all den and pack meetings and activities also encourages a neat appearance, a sense of belonging, and good behavior.

**8. Making Character Connections:** Throughout the program, leaders learn to identify and use character lessons in activities so boys can learn to know, commit, and practice the 12 core values of Cub Scouting. Character Connections are included in all the methods of Cub Scouting and are the program themes for monthly pack meetings.

### **Cub Scouts: A Positive Place**

The Boy Scouts of America emphasizes a positive place in Cub Scouting. Any Cub Scouting activity should take place in a positive atmosphere where boys can feel emotionally secure and find support, not ridicule. Activities should be positive and meaningful and should help support the purpose of the BSA.

### **Delivering the Cub Scout Program**

The Cub Scout program can be extremely rewarding for the boys in the program and their adult leaders. At the same time, it can be challenging, especially for the new leader facing his or her first group of boys. The purpose of this *Resource Guide* is to break down how to deliver the program, beginning with the den meeting, such that the planning and execution are simplified and new leader confidence is increased.

Part of the inherent strength of the Cub Scout program is its organization. At its most basic, Cub Scouting consists of:

- ▶ A boy—The individual boy is the basic building block for Cub Scouting and is its most important element. It is only when each boy's character, citizenship, and fitness are enhanced that the program is successful.
- ► A den—Each boy belongs to a den of similarly aged boys. The den is the boy's Cub Scout family where he learns cooperation and team building, and finds support and encouragement.
- ► A leader—Adult leadership is critical to achieving the purposes and aims of Scouting. By example, organized presentations, and one-on-one coaching, the boy learns the value and importance of adult interaction.
- ► A pack—Each den is part of a larger group of boys of different ages and experience levels in Cub Scouting. The pack provides the resources for enhanced activities, opportunities for leadership, and a platform for recognition.

While there are other parts of the Cub Scout organization (districts, councils, etc.) which are important administratively and to support adult leaders, they are more or less transparent to the boy in Cub Scouting.

### Responsibilities to the Boys

All Cub Scout leaders have certain responsibilities to the boys in Cub Scouts. Each leader should:

- ▶ Respect boys' rights as individuals and treat them as such. In addition to common-sense approaches this mean that all parents/guardians should have reviewed *How to Protect Your Children From Child Abuse: A Parent's Guide*, and all youth leaders must have taken the BSA's Youth Protection training.
- ► See that boys find the excitement, fun, and adventure that they expected when they joined Cub Scouting.
- ▶ Provide enthusiasm, encouragement, and praise for boys' efforts and achievements.
- ▶ Develop among the boys a feeling of togetherness and team spirit that gives them security and pride.
- ▶ Provide opportunities for boys to experience new dimensions in their world.

### **Den Leader Responsibilities**

In addition to the leader's general responsibility to the boys in Cub Scouting, the den leader has certain other leadership responsibilities that may be summarized as follows:

- ▶ Work directly with other den and pack leaders to ensure that their den is an active and successful part of the pack.
- ▶ Plan, prepare for, and conduct den meetings with the assistant den leader and den chief (if Wolf, Bear or Webelos den leaders) or adult partners (if Tiger Cub den leaders).
- ► Attend the pack leaders' meetings.
- ▶ Lead the den at the monthly pack activity.
- ► Ensure the transition of their Cub Scouts to a den of the next rank (or to a Boy Scout troop if Webelos) at the end of the year.



### Monthly Core Value Themes

September Cooperation

October Responsibility

November Citizenship

December Respect

January Positive Attitude

February Resourcefulness

March Compassion

April Faith

May Health and Fitness

June Perseverance

July Courage

August Honesty

Effective June 1, 2010, Youth Protection training is required for all BSA registered volunteers, regardless of their position(s).







### **Cubmaster Responsibilities**

Den leaders and Cubmasters (with supporting unit committee members) represent the leadership team that makes the pack go. In general, the Cubmaster (sometimes referred to as the *unit leader*) is the guiding hand behind the work of other pack leaders and serves as program adviser to the pack committee. He or she is a recruiter, supervisor, director, planner, and motivator of other leaders. The Cubmaster's main responsibilities are:

- ▶ Work directly with the pack trainer, den leaders, den chiefs, and pack committee chair and members to make sure that all dens are functioning well.
- ▶ Plan the den and pack programs with the help of other leaders.
- ▶ Lead the monthly pack meeting with the help of others, involving all dens in some way.
- ► Coordinate pack membership, recruiting, and transition.

### **Role of Training**

Core to succeeding with these responsibilities is the concept that every Cub Scout deserves a trained leader. Being a trained leader helps you deliver the program in a way that is effective and efficient with a focus on the core objectives for the boy.

Becoming a trained leader requires completion of the following training:

- ► Youth Protection
- Fast Start
- ► This Is Scouting
- ► Leader Position-Specific

Consult with your pack trainer or visit www.myscouting.org for training options.

### Why the Method Underlying the Resource Guide Works

Success of the Cub Scout program, defined as developing character, building citizenship, and developing personal fitness, is demonstrated by a cascading process of outcomes:

- ▶ The longer a boy stays involved in Scouting (Cub Scouts AND Boy Scouts), the more the attributes of character development, citizenship, and fitness are demonstrated.
- ▶ Boys who advance with their peers are more likely to stay involved in the program than boys who do not advance.
- Delivery focused on increasing the likelihood of advancement increases retention and tenure of boys.

These are the foundation of the Cub Scout delivery method. As such, the *Resource Guide* offers, for each rank, the following:

- ▶ Den meeting plans: plans designed around the school year which, if followed, will result in all boys in the den advancing in rank. The plans are developed around the following:
  - Two den meetings per month in addition to the pack meeting and other outings or activities
  - Beginning the Scouting year in September
  - Resulting rank advancement by the annual blue and gold banquet, usually in February
  - Continuing den and pack meetings through the school year and summer
  - The plans support other start dates. However, if starting later than September, it may be necessary to have more than two den meetings per month if rank advancement by blue and gold is the objective.
- ► Supplemental den meeting plans: Plans are provided for dens that meet more than twice per month during the school year or for dens that meet year-round. These should also be used after rank advancement is achieved to continue working toward electives, Academics and Sports belt loops/pins, and other individual and group awards.

The den meeting plans for each rank are designed to be conducted in sequential order. Certain activities are partially completed in one meeting and finished in another. Other activities or skills are natural prerequisites for things that come later in the den's year.

Local conditions (weather, events, etc.) or your den's schedule may make altering the order of the den meetings attractive. As a den leader, you may change the order so long as you make sure the change does not jeopardize the boys' opportunity to earn their rank in the allotted time or disrupt the logical order of the activities and achievements. When there is any doubt, the planned order should be used. Discuss with your Cubmaster any changes, as they may also affect pack activities.

### **Special Moments**

Throughout the *Den & Pack Meeting Resource Guide*, leaders will find many ideas for helping them capture the moment and gently give boys a glimpse of the deeper purposes within the fun of Cub Scouting.

- ► Cubmaster's and Den Leader's Minutes: A den or pack meeting may close with a den leader's or Cubmaster's Minute—a one- or two-minute story that emphasizes values, Scouting ideals, or character. It relates to everyday life encounters of Cub Scout—age boys and ends the meeting with a thought-provoking moment or challenge.
- ▶ **Reflecting:** Reflecting is a method for leaders to guide Cub Scouts to their own understanding of the deeper purpose of an activity. Open-ended questions guide boys into discussing their thoughts, feelings, and actions about an activity and its effects. Guidelines on leading a reflecting session are found in the *Cub Scout Leader How-To Book*, No. 33832.
- ▶ **Character Connections:** Character development is a part of everything a Cub Scout does. Character Connection discussions relate an activity, project, or event to one of the 12 core values of Cub Scouting. The focus is on knowledge, commitment, and practice. Guidelines on leading a Character Connection discussion are in the *Cub Scout Leader Book*, No. 33221.

### **Awards Cub Scouts Can Earn**

- **Cub Scout Outdoor Activity Award:** Tiger Cubs, Wolf and Bear Cub Scouts, and Webelos Scouts have an opportunity to earn the Cub Scout Outdoor Activity Award. Boys may earn the award in each of the program years as long as the requirements are completed each year. The first time the award is earned, the boy will receive the pocket flap award, which is to be worn on the right pocket flap of the uniform shirt. Each successive time the award is earned, a wolf track pin may be added to the flap. Complete requirements are in the *Cub Scout Leader Book*.
- **Cub Scouting's Leave No Trace Awareness Award:** This award may be earned by Tiger Cubs, Cub Scouts, and Webelos and Cub Scouting leaders. It acquaints them with frontcountry guidelines for being gentle with Mother Nature. Complete requirements are in the *Cub Scout Leader Book*.
- **Cub Scout World Conservation Award:** Cub Scouts and Webelos Scouts who have participated in a den or pack conservation project and have completed requirements based on their rank may earn the World Conservation Award. This award is earned only once while a boy is in Cub Scouting. Tiger Cubs do not earn this award. Complete requirements are in the *Cub Scout Leader Book*.
- **Cub Scout Academics and Sports:** All Cub Scouts can learn new physical and scholarship skills, develop an understanding of sportsmanship, discover new and build on old talents, and have fun. There are nearly 40 specific subjects or sports. Boys may earn belt loops by learning the basics of the sport or academic subject, and then may go on to earn pins by further development of the skill. Complete requirements are in the *Cub Scout Academics and Sports Program Guide*, No. 34299.
- **National Den Award:** Cub Scouting happens in the den. The National Den Award creates an incentive for a year-round, fun, quality program in the den. The National Den Award may be earned only once in any 12-month period, as determined by the pack committee. Complete requirements are in the *Cub Scout Leader Book*.
- Fun for the Family: Strengthening families is one of the purposes of Cub Scouting in the Boy Scouts of America. With this purpose in mind, Cub Scouting endorses family programs and activities that can strengthen families and build character. Fun for the Family, No. 33012, is Cub Scouting's family activity program. It contains a series of activities and requirements designed to help strengthen families and to develop good character skills among family members. These activities occur through adventure learning experiences. Every family member can earn a patch for completing two activities in each of five subject areas. In addition, for each additional two activities in each of the five subject areas, family members may earn a pin.









### THE SCOULS

## DEZ MEETING

### Here Come the Boys!!! Are You Ready?

- Have you taken Fast Start and Youth Protection training?
- Are you familiar with your responsibilities?
- Are you prepared for the meeting?

This section will get you on your way.





### **Den Meeting Introduction**

Thank you for agreeing to be a den leader, filling one of the most important roles in Cub Scouting and helping a den thrive and grow. Without your help and leadership, the den cannot exist, the boy cannot be served, and the pack cannot be sustained.

### **Den Leader Responsibilities**

In addition to the leader's responsibility to the boys in Cub Scouting generally, the den leader has certain other leadership responsibilities which may be summarized as follows:

- ▶ Work directly with other den and pack leaders to ensure that their den is an active and successful part of the pack.
- ▶ Plan, prepare for, and conduct den meetings with the assistant den leader and den chief (if Wolf, Bear or Webelos den leaders) or adult partners (if Tiger Cub den leaders).
- ► Attend the pack leaders' meetings.
- ► Lead the den at the monthly pack activity.
- Ensure the transition of their Cub Scouts to a den of the next rank (or to a Boy Scout troop if Webelos) at the end of the year.

### **Getting Your Den Started**

If you are starting your program in June, invite the boys and their adult partners to participate in your pack's summertime activities, such as marching in parades, going to a ball game, having a campfire and marshmallow roast, and participating in Cub Scout day camp. Boys may be able to earn the National Summertime Pack Award pin by participating in events.

### **Den Meetings**

Along with the Cub Scout's family, the den meeting is critical to the Cub Scout's success and enjoyment of Cub Scouting. It is in and through the den that the boy makes social connections, has fun, completes his advancement, and bonds with the pack. Den meetings that are fun, organized, and interesting make a great environment for the boys. Planning and delivering such meetings is the goal of this section of the *Den & Pack Meeting Resource Guide*.

### What Is a Den Meeting Plan and How Do I Use Them?

There are two types of den meeting plans.

**Den Meeting Plans:** These plans, modeled to support a school-year program, will, if followed, result in all boys in the den advancing in rank. The plans are developed around the following:

- ► Two den meetings per month in addition to the pack meeting and other outings or activities
- ▶ Beginning the Scouting year in September
- Resulting rank advancement by the blue and gold banquet, usually in February
- ► Continuing den and pack meetings through the school year and summer
- ► The plans support other start dates. However, if starting later than September, it may be necessary to have more than two den meetings per month if rank advancement by blue and gold is the objective.

**Supplemental Den Meeting Plans:** Plans are provided for dens that meet more than twice per month during the school year or for dens that meet year-round. These may also be used after rank advancement is achieved to continue working toward electives, Academics and Sports belt loops/pins, and other individual and group awards.

The den meeting plans for each rank are designed to be conducted in sequential order. Certain activities are partially completed in one meeting and finished in another. Other activities or skills are natural prerequisites for things that come later in the den's year.

Local conditions (weather, events, etc.) or your den's schedule may make altering the order of the den meetings attractive. As a den leader, you may change the order so long as you make sure the change does not jeopardize the boys' opportunity to earn their rank in the allotted time or disrupt the logical order of the activities and achievements. When there is any doubt, the planned order should be used. Discuss with your Cubmaster any changes, as they may also affect pack activities.

### Do, Home Assignment, and Verify

At the beginning of each rank section and throughout the den meeting plans, you will find the terms "do," "home assignment," and "verify." These will guide you, your boys, and their parents.

- ▶ Do: Activities to be done during den meetings
- ► Home assignments: Activities that boys and/or their parents must do outside den meetings but that you should assign (usually during the closing)
- ► Verify: A reminder, usually during the business items section of the den meeting, for you to confirm completion of a home assignment





Simple ceremonies serve to congratulate boys on their accomplishments.



### **Helpful Hints for Den Leaders**

The following are some hints that will help you better plan and execute your den meetings.

**Plan Your Meetings in Advance:** Plan your meetings ahead of time with emphasis on the flow of activities. Pay special attention to "After the Meeting" sections of den meeting plans for preparation and materials needed for the next meeting. Alternate between quiet and more vigorous activities. Boys have a lot of energy to expend, so be sure you have an active game or other activity to help channel some of that energy.

**Den Rules and Code of Conduct:** At the beginning of the year, establish the rules that the den will follow and the consequences for breaking those rules. Boys should participate in the decision-making process. By helping decide what can and can't happen in the den, boys will feel a sense of responsibility toward how the den is run. They will feel that the den is "theirs."

Have them sign a poster on which the code of conduct is written and display it at your meeting place. Or make two copies: one that boys can keep at home and one to be displayed at the den meeting after both the boy and his parent have signed it.

**Ceremonies:** Ceremonies are important for marking the beginning and end of each meeting. They are also a time for reinforcing the aims and purposes of Scouting and bringing the boys together. As boys finish achievements toward their badges, simple ceremonies during the den meeting will serve to congratulate them on their accomplishments.

**Immediate Recognition Kits:** Use of the immediate recognition kits for Tiger Cubs and Cub Scouts is a method of encouragement along the advancement trail. Set aside time in den meetings to award beads representing completion of achievements. Congratulate boys enthusiastically for their efforts.

A den doodle is an object for the boys to use to show off their accomplishments and achievements. The *Cub Scout Leader How-To Book* has many ideas for den doodles. Your den of boys can design and create their own den doodle as a den meeting activity at the start of the year. Use the den doodle to keep a visual reminder of activities the den has completed and shared.

**Treats:** Boys love goodies! Simple nutritious refreshments add a finishing touch. Give everyone a chance to share his favorite treats with the den. Discuss food allergies with families and share the information with the den if appropriate.

**Den Scrapbook:** Fill the scrapbook with sample artwork boys do as den activities, stories about their adventures, and pictures taken of boys with their completed projects. The den scrapbook will be a treasured memento proudly displayed at the boys' Eagle Scout court of honor in just a few years!

### **Your First Den Meeting**

The tone you set at the first meeting will determine, to a large extent, the success of your year. Key to setting the right tone is to consider the following:

- ▶ Wear your adult uniform to all meetings and remind boys to wear their uniforms.
- ▶ Be completely organized before the start of the meeting.
- Explain clearly to the boys the behavioral expectations. You may wish to use the "good conduct candle" approach (*Cub Scout Leader How-To Book*). Be friendly but firm with the boys.

Ask the host team (Tiger Cub and adult partner who will assist at the meeting, your parents helping and assistant den leader(s)) to arrive at least 15 minutes before the starting time of the meeting. They can help you with final preparations before the rest of the boys arrive.

A snack at den meetings is optional. Set the example with healthy, nutritious snacks. Be aware of any food allergies of den members and communicate these to adult partners who may be assisting with the snacks.

Open each den meeting by saluting the U.S. flag and reciting the Pledge of Allegiance. Then, while showing the Cub Scout sign, recite the Cub Scout Promise and Law of the Pack. See *Cub Scout Ceremonies for Dens and Packs*, No. 33212, for detailed guidelines and ceremony examples.

One best practice to facilitate communications and involvement is to distribute a family information letter at the conclusion of each meeting. The letter tells families what was completed at each meeting and provides information on upcoming den and pack meetings and activities. Sample family information letters can be found at <a href="https://www.scouting.org/CubScouts/Leaders/DenLeaderResources.aspx">www.scouting.org/CubScouts/Leaders/DenLeaderResources.aspx</a>.

Field trips are an important part of the Cub Scout experience. They are a time not only for fun but for learning. And they are critical steps in your boys earning their badge of rank. It is important that you plan in advance for these field trips. Planning should include the following, at a minimum, for each field trip:

- ► Arrange for the visit with the place you will be going (if needed).
- ► Work with the adult partners in the den to arrange transportation or get an adult to do the planning for this.
- ► A local tour permit should be filed with the council service center. (MANDATORY)

A field trip as a first meeting over the summer can be a good way to break the ice for a new den.

You could, as a den, have an outing to complete **Elective 22:** Picnic Fun; **Elective 29:** Safety in the Sun; and **Elective 35:** Fun Outdoors. (See the *Tiger Cub Handbook*, No. 34713.) Have a den family picnic, use sunscreen, and play an outdoor game at the picnic. This is a great way for the Tiger Cub families to get to know one another. It is also an optimal time to recruit new Cub Scout adult volunteers.

Distribute the Family Talent Survey Sheet to the parents, asking them to complete it and return it to you at the next meeting. (The Family Talent Survey Sheet can be found at <a href="https://www.scouting.org/CubScouts/Leaders/Forms.aspx">www.scouting.org/CubScouts/Leaders/Forms.aspx</a>.) The survey serves as a useful tool for you to identify family resources within your den.

### **Beyond the Basics**

- ► Encourage the boys to earn the religious emblem of their faith. This emblem is both an important part of the boy's (and family's) faith journey, but is also considered a premier award within the Scouting community.
- ► Talk with your boys and their adult partners about earning the National Summertime Pack Award and the Cub Scout Outdoor Activity Award. These are important group awards that build a sense of team for your boys.
- ► Cub Scouting's Leave No Trace Awareness Award defines the standards of behavior for Scouts during outdoor activities. Distribute and review the Leave No Trace frontcountry guidelines before any field trip to a park, playground, or other outing. The guidelines can be found at <a href="https://www.scouting.org/CubScouts/Resources/leavenotrace">www.scouting.org/CubScouts/Resources/leavenotrace</a>.

### **Pledge of Allegiance**

I pledge allegiance to the flag of the United States of America and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

### **Cub Scout Promise**

I, (name), promise to do my best
To do my duty to God and my country,
To help other people, and
To obey the Law of the Pack.





# TIGER DEN MEETINGS



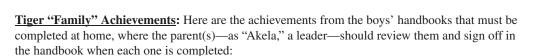
### **Tiger Cub Den Meeting Plans**

Den meeting plans are developed around a Scouting program year that is presumed to begin in early September and continue through May, at which time Cub Scouts would become involved in summertime Scouting activities. Two types of den meeting plans are offered for the den leader's use:

- ► Numbered plans: Programming for the program/school year (September through May), including rank advancement requirements for dens meeting twice a month
- ► Lettered or supplemental plans: Additional programming for dens meeting year-round or more than twice per month

Meeting Date	Den Meeting No.	Tiger Den Meeting Plans	Requirements/Electives Covered	
	1	Bobcat and Making My Family Special	Do: Achievement 1D, Bobcat (partial) HA*: Achievement 1F	
	2	Bobcat and Making My Family Special	Do: Achievements 1G and 3D; Bobcat Verify: Achievement 1F	
	3	Keeping Myself Healthy and Safe	Do: Achievements 3D, 3F, and 3G (partial), Elective 28 HA: Achievement 3Fa and Elective 28	
	4	Go See It: Keeping Myself Healthy and Safe	Verify: Achievement 3Fa, Elective 23 Do: Achievement 3G	
	5	Go See It: Let's Go Outdoors	Do: Achievements 5F and 5D, 5G; Elective 6	
	6	Where I Live and How I Tell It	Do: Achievements 2F, 2D, and 4D HA: Achievement 4F	
	7	Go See It: Where I Live	Verify or do: Achievement 4F Do: Achievement 2G	
	8	Go See It: How I Tell It	Do: Achievement 4G	
	9	How Do You Celebrate? and Making Decorations	Do: Elective 1, Elective 2	
	10	Go See It: Making Change and Banking	Do: Elective 13, Elective 50	
	11	Reduce, Reuse, Recycle; Reading Fun; Play Along!; and The Show Must Go On	Do: Elective 47, Elective 21	
	12	Transportation	Do: Elective 41	
	13	Phone Manners, Emergency!, Our Colorful World, and A Friendly Greeting	Do: Elective 26, Elective 27, Elective 15, Elective 12	
	14	Go See It: Pet Care and Learn About Animals	Do: Elective 43, Elective 31	
	15	Fun and Games (Bingo or Other Games)	Do: Elective 3 HA: Elective 23, Elective 25	
	16	Cleanup Treasure Hunt, What Kind of Milk?, and Snack Time	Do: Elective 33, Elective 23, Elective 25	

	Supplemental Den Meeting P	lans
Den Meeting Letter	Tiger Den Meeting Plans	Requirements/Electives Covered
A	Collecting and Other Hobbies	Do: Elective 16
В	Make a Model, Part 1	Do: Elective 17 HA: Elective 17
С	Make a Model, Part 2	Do: Elective 17
D	Go See It: Visit a Bakery	Do: Elective 45
E	Get the Word Out	Do: Elective 20
F	Magic Fun	Do: Elective 19
G	Picnic Fun, Snack Time, Safety in the Sun, and Fun Outdoors	Do: Elective 22, Elective 25, Elective 29, Elective 35
н	Plant a Seed! and Song Time	Do: Elective 30, Elective 6
- 1	Go See It: See a Performance	Do: Elective 36
J	Visit a Bike Repair Shop and Take a Bike Ride With Your Adult Partner	Do: Elective 38, Elective 37
K	Go See It: Go to Work	Do: Elective 39
L	Feed the Birds	Do: Elective 32
M	Family Mobile	Do: Elective 5
N	Display a Picture	Do: Elective 4
0	Go See It: Healthy Teeth and Gums	Do: Elective 46
Р	Sew a Button and Song Time	Do: Elective 18, Elective 6



Complete the exercises in the parent's guide, How to Protect Your Children From Child Abuse.

- 1F: Think of one chore you can do with your adult partner. Complete it together.
- 2F: Look at a map of your community with your adult partner.
- 3Fa: With your family, plan a fire drill, then practice it in your home.
- 3Fb: With your adult partner, plan what to do if you became lost or separated from your family in a strange place.
- 4F: At a family meal, have each family member take turns telling the others one thing that happened to him or her that day. Remember to practice being a good listener while you wait for your turn to talk.
- 5F: Go outside and watch the weather: complete the Character Connection for Faith





### **Tiger Den Meeting 1**

### **Bobcat and Making My Family Special**

Bobcat (partial). Achievement 1: Making My Family Special (1F partial, 1D). Character Connection for Honesty.

### **Preparation and Materials Needed**

- ▶ With pack leaders, confirm who is in your den and reach out to parents.
  - Have on hand the Family Talent Survey Sheet found in the resource section of this Guide).
  - If you are not a scrapbook enthusiast or generally good with arts and crafts, see if another parent in the den has those skills and could help make this a special meeting.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Index cards with the Cub Scout Promise printed on one side and Law of the Pack on the other side (enough for each boy and adult attending the meeting). Add the Pledge of Allegiance if needed.
  - One three-ring binder for each boy with three-hole-punched copy or construction paper, stickers, markers
  - Large paper or poster board and markers to write den's code of conduct
  - Tiger Cub Immediate Recognition Emblems and Beads
- ► Ask Tiger Cubs to bring a family photo to show the group and put in their scrapbook.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ▶ Welcome new Scouts and parents. Today will have lots of "getting to know each other" time.
- ▶ Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ Distribute the Family Talent Survey Sheet to the parents, asking them to complete it and return it to you at the next meeting. Also ask each parent about interests, abilities, hobbies, occupations, etc.

### **Opening**

▶ Learn the Cub Scout motto: *Do Your Best*. Perhaps as a cheer, the den leader asks: "What's our motto?" and Tiger Cubs and adult partners respond: "Do . . . Your . . . Best!" (three times, getting louder each time).

### **Business Items**

- ► Have each Scout (and attending parent) introduce themselves. Note that you'll want to know more about each other, and part of that could go in the scrapbook you create.
- ▶ Discuss what a den is and how it fits in with a pack. Discuss your goals for the year and highlight/ promote the upcoming activities. Discuss a den name, den yell, and other den identity elements (these could include a den flag, neckerchief slide, or your own den advancement totem or doodle).
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.
- ▶ Discuss behavioral expectations at den meetings. This is a chance to create a code of conduct for how the den should govern itself during meetings. Prompt your Tiger Cubs to come up with a good code.

### **Activities**

- ► Teach and review the Bobcat badge requirements (see the *Tiger Cub Handbook*):
  - Learn and say the Cub Scout Promise.
  - Say the Law of the Pack and discuss what it means.
  - Tell what Webelos means (<u>We'll Be Loyal S</u>couts).
  - Learn the Cub Scout sign and tell what it means. (The sign represents and looks like Wolf ears. It signifies "I'm ready to listen" and the two parts of the Promise: "help other people" and "obey the Law of the Pack.")



- Show the Cub Scout handshake and tell what it means. (Like the sign, two parts of the Promise.)
- Say the Cub Scout motto. (Do Your Best.)

Suggestion: Use a fun method to help the Scouts learn. Thought starters:

- A tape recorder, flash cards, or the game of "hangman" with phrases from the Law, Promise, and motto
- A "random balloon drawing": put a different Bobcat requirement on a small sheet of paper, and put each part in separate balloons. Tiger Cubs get to pick a balloon, pop it (maybe make them do it in different ways), and after popping, the boys have to do the requirement listed on the paper.
- Maybe a "Line Up the Lines" game for Promise and Law (Write the Promise (or the Law)
  on strips of paper or cardboard, cut into chunks or half-lines. Mix them up, and see if the
  boys can line them up.)
- ▶ With adult partners, discuss one chore your Tiger Cubs can do and complete the Character Connection for Honesty. This can be done in the den meeting, and reinforced with the family.
  - **Know:** Discuss these questions with your family. What is a promise? What does it mean to "keep your word"? What does honesty mean? What does it mean to "do your best"?
  - Commit: Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give your word? When might it be difficult to keep your word? List examples.
  - **Practice:** Discuss with family members why it is important to be trustworthy and honest, and how can you do your best to be honest when you are doing the activities in Cub Scouting.
- ► **Achievement 1D:** With adult partner, assemble and decorate your family scrapbook.
  - Distribute binders, scrapbook pages, plus blank three-hole-punched copy paper or construction paper, stickers, and markers.
  - Have them start the work, and use the opportunity to have them describe (at least) parents and siblings.
  - This helps you get to know the Scouts and their families.

Tiger Cubs who have learned the Cub Scout sign, salute, and motto have earned the Tiger Cub Immediate Recognition Emblem, to be presented TODAY (with the Scouts recognized for it at the next pack meeting).

Tiger Cubs participating in Den Meeting 1 and completing **Achievement 1D** have earned their first orange bead for the Tiger Cub Immediate Recognition Emblem. Beads should be presented at the meeting at which they are earned.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Home Assignment: Achievement 1F: Ask Cub Scouts to think of one chore they can do with their adult partner. Instruct Cub Scouts and adult partners to complete the chore together at home before the next meeting.
- ▶ Remind all that the next meeting is a Go See It (unless the sequence is changed).
- ▶ Hand out or send family information letter.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► If you've changed the sequence of den meetings (not recommended but may be necessary to fit your den's unique situation), double-check this to line up with the right meeting.

### After the Meeting

- ► If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

### **Den Meeting 1**





### **Tiger Den Meeting 2**

### **Bobcat and Making My Family Special**

Bobcat badge (completion). Achievement 1: Making My Family Special (1F completion, 1G). Character Connection for Responsibility.

### **Preparation and Materials Needed**

- ► For Den Meeting 2, make arrangements to visit a library, historical society, museum, old farm, or historical building in your community. If transportation is an issue, be sure to consider alternatives, such as the library in a school or church that hosts your unit, or an older employee at the school or church to discuss life years ago. Another alternative is the home of an older neighbor willing to help. Be flexible in finding some place, and someone, interesting for the Scouts.
- ▶ Materials checklist (these should be in your basic den box by now):
  - Index cards printed with the Cub Scout Promise and Law of the Pack
  - Tiger Cub Immediate Recognition Emblem beads

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If applicable, collect permission slips.
- ► As parents arrive, verify that parents have completed the exercises in the parent's guide, *How to Protect Your Children From Child Abuse*.

### **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening).
- ▶ Maybe add a roll call (give me a Tiger roar when I call your name), and/or uniform recognition.

### **Business Items**

(On a Go See It field trip, you'll really need to determine when to cover these—at the beginning may not make sense—do these in a way that works for you):

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Verify: Ask Tiger Cubs to share with the den the chore they completed with their adult partner (Achievement 1F).
- ▶ Review any code of conduct for how the den should govern itself during meetings.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► Achievement 1G: Take a Go See It to a library, historical society, museum, old farm, or historical building, or visit an older person. Discover how family life was the same and how it was different many years ago.
  - Advice to Leaders: Make it fun! Be enthusiastic, or create drama and mystery about the historic place you're visiting. Don't allow it to be just "some boring historic place."
  - You might have the Tiger Cubs dress, or have some adult partners dress, in period costumes to add to the fun of the event, or bring items from the era at the historical place that you're visiting.
  - Be sure to mix in brief games and songs (serious or silly) to change the pace of the meeting.
     Tiger Cubs have short attention spans, and you and they will have more fun and focus better if you mix it up.

### ▶ **Review** the Bobcat requirements (*Tiger Cub Handbook*, pages 29–34):

- Learn and say the Cub Scout Promise.
- Say the Law of the Pack and discuss what it means.
- Tell what Webelos means (We'll Be Loyal Scouts).
- Learn the Cub Scout sign and tell what it means. (Two parts of the Promise—"help other people" and "obey the Law of the Pack"—and it looks like a Wolf's ears, meaning "I'm ready to listen.")
- Show the Cub Scout handshake and tell what it means. (Like the sign, two parts of the Promise)
- Say the Cub Scout motto (Do Your Best).
- ▶ Suggestion: You could do a Law of the Pack puzzle (can do with the Cub Scout Promise as well):
  - Write one word of the Law of the Pack on an index card; place the cards in a paper sack.
  - Prepare a second sack of index cards. Divide the den into two teams.
  - On a signal, teams remove the cards from the sacks and put the words in the correct order.
  - The first team correctly completing the sequence of words wins.
- ► Complete the Character Connection for Responsibility (Achievement 3D).
  - **Know:** Think about the job that you completed. What was the hardest part of doing the job? How well was the job done? What does it mean to be responsible?
  - Commit: Why is being responsible important? Are there jobs you can do by yourself? List other ways that you can be responsible.
  - **Practice:** Do **Achievement 1F:** Think of one chore you can do with your adult partner. Complete it together.

### Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ▶ Hand out or send family information letter.

Tiger Cubs who participated in Den Meeting 1 and completed a chore with their adult partner have now earned their first white bead (**Achievement 1F**).

Tiger Cubs who participated in Meeting 2 have earned their first black bead (**Achievement 1G**).

### **After the Meeting**

- ► If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

### **Den Meeting 2**





### **Tiger Den Meeting 3**

### Keeping Myself Healthy and Safe (Food Pyramid and Fire Drill)

Achievement 3: Keeping Myself Healthy and Safe (3Fa partial, 3Fb, 3D, 3G partial). Elective 28: Smoke Detectors. Character Connection for Health and Fitness

### **Preparation and Materials Needed**

- ▶ For Den Meeting 3, bring a working battery-operated smoke detector, a poster board for each boy, markers, food magazines, newspaper grocery store advertisements, and index cards printed with the Cub Scout Promise and Law of the Pack.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Bring "Food Pyramid" handouts. Go to www.mypyramid.gov to check that out.
  - You can create personal pyramids at www.mypyramid.gov/mypyramid/index.aspx, tailored to your size, age and activity level.
  - Consider bringing samples of food in each food group. For example, whole grain bread
    and crackers, some broccoli and carrots, fresh fruit of your choice, a variety of nuts
    (check for allergies), milk and cheese, hard-boiled eggs. And water.
  - Tiger Cub Immediate Recognition Emblem beads.
- ▶ *Note:* The sequence of Meetings 3 and 4 may be reversed, depending on your local sports schedule.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

### **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ► Teach basic courtesy: Have boys sign a note or card as a formal thank-you to the Go See It site or guest from last meeting. You may want to develop a system to use for each Go See It.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.
- ▶ If you've decided to do a den flag or den doodle, you might work on that today.

### **Activities**

- ► Achievement 3Fb: Have each family plan what to do if the Tiger Cub ever becomes lost or separated from his family. Hints for adult partner:
  - Stay where he is rather than keep moving (making a person harder to find).
  - Assure them that because they are loved, as soon as others realize that he is not with his family or group, they will quickly begin looking for him.
  - You may want to set den rules, too (e.g., buddy system for playground, events, hikes).
- ► Achievement 3D: Have each adult partner and Tiger Cub draw a food pyramid on poster board.
  - Cut out pictures of food from food magazines or newspaper grocery ads to add to the appropriate sections. Boys could also draw different foods.
  - Remind the boys to bring the posters to your next pack meeting for display. You might have them displayed at school or at the chartered organization.
  - Another option, since snacks are often a part of meeting, is to get the Cubs to direct their adult partners on what healthy snacks the den should have at meetings.

### Want More Fun Activities?

Since this is not the most active activity unless you are cooking and eating, if you want to get noisy you can sing the "All You Etta" song (to the French tune, *Alouette*) with Cub Scouts contributing what they "et."

All you etta, think of all you etta
All you etta, think of all you et:
Think of all the you et
Think of all the you et
you et
you et
Oh, oh, oh etc.

Continue with everyone adding something. Eventually you should be holding your belly from eating too much!

- ► Achievement 3Fa: Have each adult partner and Tiger Cub plan a family fire drill. Remind them to practice it at home.
  - You might have them make maps of their homes showing the escape routes to show their families.
  - And have a practice fire drill at the den meeting. You should have a plan there, too.

### **Want Another Fun Activity?**

Consider, for the next pack meeting, having the Tiger Cubs do a skit about what they've learned. (See the example "Emergency Broadcast System" skit included on the following page.)

- ► Elective 28 ("With your adult partner, check the batteries in the smoke detector in your home or another building."):
  - Have each boy practice removing and replacing the battery in the smoke detector.
  - **Suggestion:** Test it to see if it works. (Do this outside to ensure you don't set off real smoke detectors.)
  - Ask each family to check the batteries in their smoke detectors at home.
- ► Complete the Character Connection for Health and Fitness (Part of Achievement 3D).
  - **Know:** With a family adult, have a healthy snack.
  - **Commit:** When is it difficult to eat healthy food?
  - **Practice:** What foods are best for your health and growth?
- ▶ Achievement 3G: Discuss the rules of the game or sport that you will observe during the next den meeting (unless the sequence is changed).

### Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ▶ Hand out or send family information letter.
- ► Hand out basic rules of the sporting event that the boys will attend at the next meeting. (Achievement 3G preparation)
- ► Home Assignment: Remind Cubs and adult partners to practice a family fire drill and check their smoke detector batteries at home. (Achievement 3Fa, Elective 28)
- ▶ Remind all that the next meeting is a Go See It (unless the sequence is changed). Clean up.

Tiger Cubs participating in Den Meeting 3 have earned a second orange bead (**Achievement 3D**).

### **Den Meeting 3**





### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

### Skit

### The Emergency Broadcast System

- ► The den lines up, facing the audience.
- ► An announcer says: "This is a test of the Pack \_\_\_\_\_ emergency broadcast system. This is only a test."
- ▶ Everyone in the den hums a very high pitched note (a "beeeeeeeeeee" sound, similar to the tone on the radio just before an emergency broadcast is given).
- ► Stop when the leader raises his hand.
- ▶ When the humming stops, the announcer then says: "This has been a test of the Pack \_\_\_\_ emergency broadcast system. This has been only a test. If this had been an actual emergency, this is what you would hear:"
- ► At that point everyone in the den begins to scream and run around terrified and in a panic, and then they all run away. (Make sure you practice so the beeeeeps start and stop when they should and so the punch line does not drag on too long.)



### **Tiger Den Meeting 4**

Go See It: Keeping Myself Healthy and Safe

Achievement 3 (3Fa completion, 3G completion).

### **Preparation and Materials Needed**

- ► For Den Meeting 4, make arrangements to attend a local sporting event such as a football, soccer, or volleyball game, or any amateur or professional game or sporting event.
- ▶ If applicable, remind families to bring appropriate outerwear for an outdoor game.
- ▶ It's helpful to have some people arrive at the game early to save a block of seats for your den.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ▶ Have families assist in making sure your den sits together as a group.
- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

### **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.
- ▶ Participate in singing "The Star-Spangled Banner" if that is sung at the beginning of the game. Those in uniform should use the Cub Scout salute.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Verify: Before going in, or as all are gathered, review Achievement 3Fb and Elective 28:
  - Have each family plan what to do if the Tiger Cub ever becomes lost or separated from his family.
  - Set a place for anyone to go to if he becomes separated. *Suggestion:* Establish a buddy system.
- Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

► Achievement 3G: Attend a local football, soccer, or volleyball game, or any amateur or professional game or sporting event. Review the rules of the game while you are watching.

### **Want More Fun Activities?**

Depending on the layout of the event venue, and because many Tiger Cubs will have a hard time sitting and watching, consider having a smaller version of the game (or of some other game) informally and out of the way of the actual game.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ▶ Remind Tiger Cubs and adult partners that the next meeting is also a Go See It (unless the sequence is changed) and to wear appropriate outerwear.
- ▶ Hand out or send family information letter.

Tiger Cubs attending Den Meeting 4 (the amateur or professional game or sporting event) have earned a second black bead (**Achievement 3G**).

Tiger Cubs who attended Den Meeting 3 and practiced a fire drill at home have earned a second white bead (**Achievement 3F**).

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

### **Den Meeting 4**





### **Tiger Den Meeting 5**

Go See It: Let's Go Outdoors and Song Time

Achievement 5 (5F, 5D, 5G). Elective 6. Character Connection for Faith.

### **Preparation and Materials Needed**

- ▶ For Den Meeting 5, make arrangements for a den hike. Plan your hike in a place where boys will be able to collect autumn leaves. *Note:* A walk around the neighborhood might be sufficient!
- ▶ Remind families to bring appropriate outerwear and wear appropriate shoes or boots.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Bring hand sanitizer, several sheets of copy paper, and crayons with the wrappers removed.
  - Bring the words to the songs "I've Got That Tiger Cub Spirit" and "If You're a Tiger and You Know It" (pages 87–88 in the *Tiger Cub Handbook*). Substitute or add songs that you and the Scouts want to sing.
  - Index cards printed with the Cub Scout Promise and Law of the Pack
  - Tiger Cub Immediate Recognition Emblem beads

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ▶ Meet at the designated starting point. This could be the regular den meeting space.
- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

### **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, on the hike. Review the Leave No Trace guidelines for frontcountry travel (page 152 of *Tiger Cub Handbook*).
- ▶ Invite Scouts to bring their family scrapbooks back to upcoming den meetings to show to the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ With adult partner, could complete the Character Connection for Faith. (*Note:* Den leaders should use their best judgment about this, and because this is a family matter, and especially if you have a mix of faith practices in your den, feel free to ask parents to do this directly, while you just talk about the weather before you go on the hike.)
  - Know: Discuss things about the weather that you know to be true, but you cannot see at the moment, such as: Is the sun still there although you only see clouds? Is the moon there, even though it is day? Can you see wind? Do you know that the rain will eventually stop? Do you have faith in other things you can't see?
  - **Commit:** What makes it difficult to believe in things you cannot see? What helps you to develop faith?
  - Practice: Do Achievement 5F.
- ▶ **Achievements 5F** ("Go outside and watch the weather.") **and 5G** ("Take a hike with your den."):
  - As you gather outdoors for the hike, and go on the hike, watch the weather.
  - Use your senses to help you describe what the weather is like. What do you see? What do you hear? What do you smell? What do you taste? What can you feel?

Suggestion: A hike doesn't have to be just a walk. Try a hike plus: Don't just walk; do something:

- Alphabet hike. Find things to cover each letter (keep a list as you go).
- Color hike. Find as many colors as you can (keep a list as you go).
- Sense-of-touch hike. Find things that are hairy, smooth, rough, cool, dry, wet, sticky, bumpy.
- Hula-hoop hike. Lay your hoop (or a loop of rope) on the ground. What can you find inside the circle?
- Inch-high hike (take rulers along). What do you find that is that high (or smaller)?
- ► Elective 6 ("Along with your adult partner, teach a song to your family or to your den and sing it together."):
  - While hiking, sing the songs "I've Got That Tiger Cub Spirit" and "If You're a Tiger and You Know It."
  - Feel free to substitute or add appropriate songs that you and the Scouts want to sing.
- ▶ **Achievement 5D:** While on your hike, collect fallen leaves and make a leaf rubbing.
  - At the end of your hike, make leaf rubbings using the leaves collected, copy paper, and crayons.
  - Place a leaf, vein side up, on a smooth surface, and cover it with a piece of thin writing paper.
  - Hold the paper firmly in position and gently rub the crayon over it. The crayon strokes should all be in the same direction and with just enough pressure to bring out the details of the leaf.
  - They can write information next to each leaf, such as its name and where it was collected.
  - The finished design can be displayed in your home, decorated and framed, made into greeting cards or given as a gift, or used as decorative elements in other projects or in their scrapbooks.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.
- ► Have boys take home leaf rubbings and suggest they add them to the scrapbook made in Den Meeting 1.

Tiger Cubs participating to this point have earned a third orange (Achievement 5D), a third white (Achievement 5F), and a third black bead (Achievement 5G).

### After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

### **Den Meeting 5**





### **Tiger Den Meeting 6**

### Where I Live, How I Tell It

Achievement 2: Where I Live (2F, 2D). Achievement 4: How I Tell It (4F partial, 4D). Character Connection for Citizenship.

### **Preparation and Materials Needed**

► For Den Meeting 6, bring a map of your community, index cards printed with the Cub Scout Promise and Law of the Pack, and Tiger Cub Immediate Recognition Emblem beads.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ▶ Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

### **Opening**

- ► Teach boys how to do a pack flag ceremony. For detailed guidelines and ceremony examples, see *Cub Scout Ceremonies for Dens and Packs*.
- ▶ Practice a pack flag ceremony and the Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► **Achievement 2D:** Complete the Character Connection for Citizenship:
  - **Know:** What does it mean to be a good citizen? Why do you think we say the Pledge of Allegiance?
  - **Commit:** Is it easy to be a good citizen? Why is it important to show respect to the flag even if others around you might not?
  - **Practice:** Do **Achievement 2D:** Practice the Pledge of Allegiance with your den, and participate in a den or pack flag ceremony.

### Suggestion: As part of this, you might do the following:

- Discuss your code of conduct and how you are all citizens in your den, making and following the rules. It is hoped you can take them back to how they came up with the rules, and how they were created out of the need to have respect and order in the group.
- For "Practice the Pledge," there are lots of ways to do this. Having all recite it alone is obvious; using a tape recorder or video recorder to make it fun is also good.
- An illuminating exercise is to ask the Scouts to discuss what certain of the words of the Pledge mean. Words like "united," "republic," "liberty," and "justice" may only be sounds to many Scouts at this age, so discussing the concepts can be a revelation for them and you.
- ▶ Achievement 2F: Look at the map of your community and find your home and three places you would like to go.



- To play this game, Tiger Cubs form a line.
- The first Tiger Cub whispers one sentence to the second Tiger Cub.
- Each one takes his turn, whispering the sentence to the next boy.
- The last boy repeats the sentence out loud. How close is it to the original sentence?
- Take turns and play a few more times.

### **Want More Fun Activities?**

That sort of "telephone" message relay game can be adapted for an outdoor relay race if you space the boys around the perimeter of a field or schoolyard.

► Then see if they can do a "relay run" and get the message around to everyone. You might bring a prize for everyone for their success and teamwork.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.
- ▶ Remind all that the next meeting is a Go See It (unless the sequence has changed).
- ► Home Assignment: Remind Tiger Cubs and adult partners to complete Achievement 4F at home.

Tiger Cubs participating in Den Meeting 6 have earned a fourth white bead (Achievement 2F). Tiger Cubs participating in Den Meeting 6 have earned their fourth and fifth orange beads (Achievements 2D, 4D).

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 7**

Go See It: Where I Live and How I Tell It

Achievement 2 (2G). Achievement 4 (4F completion). Character Connection for Respect.

## **Preparation and Materials Needed**

- ► For Den Meeting 7, make arrangements for a Go See It to a police station or fire station, or for them to come to you (unless the sequence is changed).
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Handouts or printouts of information from the local police or fire department
  - Index cards printed with the Cub Scout Promise and Law of the Pack
  - Tiger Cub Immediate Recognition Emblem beads
- ▶ If transportation is an issue, see if they will come to you—often police and fire departments will come and make visits with sufficient lead time.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and cleanup.

## **Gathering**

- Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

## **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- Use this time also to discuss participation in coming pack meetings or pack events as needed.
- ▶ Verify: Confirm completion of Achievement 4F.

### **Activities**

(On a Go See It field trip, you'll need to determine when to cover these. Do these in a way that works for you.)

- ▶ Achievement 4F: Ask boys to share how they practiced listening and talking during a family meal.
  - You will also practice that here as part of your den meeting discussion.
- ▶ Discuss part of **Achievement 4F:** Complete the Character Connection for Respect (*Tiger Handbook*, page 64). This applies to den behavior as much as to family time.
  - **Know:** When talking with other family members, how do you show courtesy and respect? How do you listen respectfully? How can you interrupt people and still be respectful?
  - **Commit:** How does it feel when people listen to you with respect? List three things to remember that will help you talk respectfully with others.
  - **Practice:** Join in a family conversation. After the conversation, discuss how you and the others showed respect.
- ▶ **Achievement 2G:** Go See It at the police station or fire station.
  - Ask someone who works there how he or she helps people in the community.
  - Receive a tour of the police station or fire station (if an emergency pulls personnel away, be ready with a plan B to conduct with your Tiger Cubs).

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell and/or Living Circle.
- ▶ Remind all that the next meeting is a Go See It (unless the sequence is changed).
- ► Hand out or send family information letter.

Tiger Cubs completing the home assignment have earned a fifth white bead (Achievement 4F). Tiger Cubs participating in Den Meeting 7 have earned a fourth black bead (Achievement 2G).

## **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 8**

Go See It: How I Tell It

Achievement 4 (4G).

### **Preparation and Materials Needed**

- ► For Den Meeting 8, make arrangements for a Go See It to a local newspaper office, or radio or television station (unless the sequence has changed).
  - Consider more local broadcasting: a reputable local public access cable channel or other broadcasters, school or church broadcast facilities, maybe a high school or college newspaper office, or a neighborhood newsletter.
  - If transportation is an issue, or if there are no convenient newspaper offices or radio or TV stations in your locale, do your best and consider alternatives where:
    - You visit a:
      - -Printing/graphics company
      - —Theater projection room
      - -Local science museum
      - -Business with a communications studio
    - You invite an expert to visit you, such as a:
      - —Community reporter
      - —Ham radio operator
  - Be sure your host knows how long you need to have someone make the presentation, and that you've confirmed what can or should be covered that would be interesting and fun for Tiger Cubs. Have a plan B ready in case your host's work interferes with giving your Tiger Cubs full attention during your visit.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Copies of the newspaper, or handouts or printouts about the TV or radio station
  - Index cards printed with the Cub Scout Promise and Law of the Pack
  - Tiger Cub Immediate Recognition Emblem beads

## **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► Achievement 4G: Find out how people at the newspaper office, or radio or TV station communicate to others.
  - Have the personnel demonstrate how they communicate. In a TV or radio station, try to get them to allow your Tiger Cubs to be "on camera" or "on microphone."
  - Maybe have them coach your Tiger Cubs on how to conduct an interview, and have the Tiger Cubs interview each other, the host, or adult partners.
  - At a radio station, see if they will record the Tiger Cub voices (maybe even alter the sound of the voices on playback to sound different).
  - Receive a tour of the newspaper office or radio or TV station (but if there is some news
    emergency that pulls personnel away, be ready with a plan B to conduct with your Tiger Cubs).

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

Tiger Cubs participating in Den Meeting 8 have earned a fifth black bead (**Achievement 4G**).

## **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

Tiger Cubs who have participated in all den meetings and completed all home assignments have now earned the Tiger Cub badge. It should be presented to the boys at the blue and gold banquet. Notify the pack committee which boys in your den have met the requirements for their Tiger badge.

For every 10 electives he completes, a boy will earn one Tiger Track bead. As of this meeting plan, the number of electives completed will depend on whether the Tiger Cubs participated in the summer activities before Den Meeting 1.





# **Tiger Den Meeting 9**

**How Do You Celebrate? and Making Decorations** 

Elective 1. Elective 2.

### **Preparation and Materials Needed**

▶ Bring balloons, dowels or sticks, metal cans, brightly colored paper, small stones or sand, crayons, markers, adhesive foam shapes or stickers, unfrosted cupcakes, frosting, plastic knives, and sprinkles or other cupcake decoration items to the next meeting.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ Have boys sign a note or card as a formal thank-you to any recent Go See It sites or guests.

## **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

#### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► Elective 1 ("Think of a time when your family celebrated something, and tell the den about it and how it made your feel.")
  - Have each boy tell the den about a time his family celebrated something.
  - Discuss why Cub Scouts celebrate a blue and gold banquet each year.
- ► Elective 2 ("Make a decoration with your family or your den. Display it or give it to someone as a gift.") Make decorations for your pack's blue and gold banquet (*Tiger Cub Handbook*, page 81).
  - Inflate five balloons and attach them to balloon sticks or tape them to dowels.
  - Cover an empty can with paper and fasten.
  - Have the boys decorate the cans with crayons, markers, and stickers or adhesive foam shapes.
  - Insert the balloon sticks into the cans.
  - Place small stones or sand into the cans so the "balloon bouquets" do not tip over
  - Arrange the finished decorations on the party table.

### **Want More Fun Activities?**

For another (edible) decoration:

- Place frosting on several plates with plastic knives.
- Give each Tiger Cub a cupcake on a plate, and have him frost and decorate it as desired
- Before enjoying this party treat, ask each Tiger Cub to tell the group what he likes best about being a Tiger Cub.
- ► Sing a birthday song to Scouting, then enjoy the cupcakes.

Depending on the level of interest and enthusiasm you see from the Scouts, you might need to add a game or other fun activity to this meeting.



## Closing

- ► Award any advancement completed at this meeting.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ▶ Remind boys and adult partners the next meeting is a Go See It (unless the sequence is changed).
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 10**

Go See Its: Making Change and Banking

Elective 13. Elective 50.

## **Preparation and Materials Needed**

- ► For this meeting:
  - Bring pennies, nickels, dimes, and quarters, as shown in the *Tiger Cub Handbook*, page 98.
  - Bring Tiger Track Beads for Tiger Cub Immediate Recognition Emblem.
- Make arrangements for your den to take a Go See It to a bank and to use a conference room or meeting room while there.
  - Be sure your host knows how long you need to have someone make the presentation, and that you've confirmed what can or should be covered that would be interesting and fun for Tiger Cubs. Have a plan B ready in case their work interferes with giving your Tiger Cubs full attention during your visit.
  - Alternative (if transportation or logistics is an issue), have someone come to you to talk about money and finances. You may have parents or relatives who can do this.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ▶ Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► **Elective 50** ("Visit a Bank."): Tour the bank.
- ► Elective 13 ("Using U.S. pennies, nickels, dimes and quarters, choose the correct coins to make the following amounts."):
  - Following a tour of the bank, use its conference room or meeting room to learn how to count coins and make change accurately. (See the *Tiger Cub Handbook*, pages 97–98.)

### **Want More Fun Activities?**

If you're not touring a bank, consider another money-related elective instead, like:

- "With your adult partner, think of a way to conserve water or electricity, and do it for one week."
- 3. "With your family, play a card or board game, or put a jigsaw puzzle together." Consider Monopoly or another board game that uses money.

Or you could play the game in the bank if you have time!

## Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 11**

The Show Must Go On and Reduce, Reuse, Recycle

Elective 21. Elective 47.

### **Preparation and Materials Needed**

► For this meeting, bring paper lunch bags, crayons, markers, construction paper, yarn, old buttons, fabric scraps, bottle caps, and the like.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

## **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ Have boys sign a note or card as a formal thank-you to any recent Go See It sites or guests.

## **Opening**

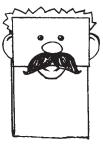
- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ Elective 47 ("Learn about what you can recycle in your community and how you can recycle at home. Learn about things that need to be recycled in special ways, such as paint and batteries."):
  - Discuss what you can recycle.
  - Show how decorations on your paper-bag puppets can be recycled materials (old buttons, fabric scraps, bottle caps, etc.).
- ► Elective 21 ("Make a Puppet."): Make paper-bag puppets.
  - Can be simple, with the bag completely open and the face done on one side.
  - Could be more complex, with the face using the bottom fold-over as a flap so if you open that flap, you can draw a mouth in/under there. Or eyes that open and close.

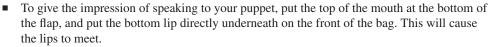






Flap up

Your puppet's features may be drawn directly on the paper bag, but a more interesting puppet results when features are made with bits of colored felt, construction paper, or other materials. Use bright colors.



- Open the flap and finish the mouth so that it will be continuous.
- ► For a puppet that will open its eyes and then close them, locate the tops of the eyes at the bottom of the flap and directly under the flap front of the bag.
  - Under the flap, make the eyes open.





Flap down

Flap up

### **Want More Fun Activities?**

Don't just make the puppets, have the Tiger Cubs put on a puppet show for all!

► Record or videotape it! Play it back for all to see!

### Closing

- ► Award any advancement completed at this meeting.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ▶ Hand out or send family information letter.
- ▶ Boys take home puppets and flutes.
- ► Remind all that the next meeting is a Go See It (unless the sequence is changed)

### After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 12**

**Go See It: Transportation** 

Elective 41.

### **Preparation and Materials Needed**

- ► For this meeting, make arrangements to visit a train station, bus station, airport, or boat dock.
  - Some of these places may offer tours for visitors. If you'll have a host, be sure your host knows how long you need to have someone make the presentation, and that you've confirmed what can or should be covered that would be interesting and fun for Tiger Cubs.
  - Alternative (if transportation is an issue): have someone come to you if it is possible for them to make a mass transit discussion interesting in a visit (one way might be with model trains), or pick another additional den meeting from this guide.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Bring bus, train, or airplane schedules
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ▶ Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ► Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ **Elective 41** ("Visit a train station, bus station, airport or boat dock."):
  - Take a Go See It to a train station, bus station, airport, or boat dock.
  - While there, Tiger Cubs can learn how to read a schedule and check fares for a specific destination.
- ▶ If transportation is an issue or mass transit locations are not accessible:
  - Review schedules at the meeting, and have parents do the visits on their own.
  - Consider using computer tools to check on schedules, costs, etc., for a variety of trips.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

## **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 13**

Phone Manners, Emergency!, Our Colorful World, and A Friendly Greeting Elective 26. Elective 27. Elective 15. Elective 12.

### **Preparation and Materials Needed**

▶ For this meeting, bring several old telephones, crayons, and drawing or construction paper.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ Have boys sign a note or card as a formal thank-you to any recent Go See It sites or guests.

### **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ Elective 27: ("Talk to your adult partner about what to do if these things happened."):
  - "The adult who is caring for you becomes ill."
  - "You are alone with someone who makes you feel uncomfortable."
- ► Elective 26 ("With a toy phone, or a disconnected phone, practice making phone calls and answering the telephone.") Consider adding to that with some more fun by doing the following:
  - With a real telephone, have them practice leaving a message on your home or cell phone.
  - Play the voicemail back for all to hear and practice.
- ► Electives 12 ("Make at least two cards or decorations and take them to a hospital or long-term care facility.") and 15 ("Mix the primary colors to make orange, green and purple."):
  - Using primary-color crayons and blending them to make orange, green, and purple, make two greeting cards for a hospital or long-term care facility.
  - Ask the adult partners to help the boys deliver them.

## Closing

- ▶ Award any advancement completed at this meeting.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- Remind all that the next meeting is a Go See It (unless the sequence is changed).
- ► Hand out or send family information letter.

## **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 14**

Go See It: Pet Care and Learn About Animals

Elective 43. Elective 31.

### **Preparation and Materials Needed**

- ► For this meeting, make arrangements for a Go See It to visit a veterinarian or animal groomer. Alternatives include visiting a pet store, nature preserve, animal shelter, science teacher (with animals), or farmer (with animals).
  - Be sure your host knows how long you need to have someone make the presentation, and that you've confirmed what can or should be covered that would be interesting and fun for Tiger Cubs.
  - Alternative (if transportation is an issue): have someone come to you. Some parents may qualify! If you're in a school, some science teachers may have animals as well.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ▶ Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ Elective 43 ("Take a field trip to a veterinarian's or animal groomer's office.")
- ► Elective 31 ("Learn about an animal.")
  - Easy to do if you're at a veterinarian's or animal groomer's office, or visiting a pet store, zoo, nature preserve, animal shelter, science teacher (with animals) or farmer (with animals).
  - Questions that can be asked about any animal include the following from the *Tiger Cub Handbook:* How big is the animal? Where does it live? What kind of food does it eat? How long does it usually live? What sounds does it make? Is it endangered?
  - You, your guest or host, and other adult partners and Tiger Cubs will have other questions.

## Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.
- Ask adult partners to have boys prepare a healthy snack for themselves and bring it to the next meeting.

## **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 15**

**Fun and Games** 

Elective 3.

### **Preparation and Materials Needed**

- ► For this meeting, determine if you will play bingo or another game. The materials checklist for Den Meeting 15 assumes bingo. You may play another game besides bingo, or perhaps have a variety of games that the den plays together or rotates around to play.
- ▶ Invite all Tiger Cubs and their family members to this event. Grandparents and other extended family can be welcomed for these fun and games!
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Bingo game with enough cards for all Tiger Cubs and their family members:
    - Ideally, borrow bingo supplies (cards, balls, roller cage) from a church or civic group.
    - Or, search on the Internet for "bingo card maker." You can find online makers to generate random cards, then just use slips of paper for the numbers. Better yet, use Scouting words or the names of Tiger Cubs and adult partners for your Internet-generated bingo cards.
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.
- ▶ Introduce family members who may not know one another. Put on name tags (optional).

#### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► Elective 3: Fun and Games:
  - Play bingo (or your other game).

# Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.
- ▶ Home Assignment: Remind boys and their adult partners to make a snack to share with their family or den (Elective 25) and find out what kind of milk your family drinks and why (Elective 23).

## **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Tiger Den Meeting 16**

Cleanup Treasure Hunt, What Kind of Milk?, and Snack Time

Elective 33. Elective 23. Elective 25.

## **Preparation and Materials Needed**

For this meeting, choose a location where you can play Cleanup Treasure Hunt (**Elective 33**). Create a treasure hunt list of items (litter) that you think you will find. Bring work gloves, trash bags (white for recycling, black for trash), pencils, copies of a "treasure" list of different kinds of litter, and hand sanitizer.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

## **Gathering**

- Collect den dues; record attendance.
- ▶ Have boys sign a note or card as a formal thank-you to the Go See It site from the last meeting.

### **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ► Elective 25 ("Make a snack and share it with your family or den."): Have the boys eat the snack they brought to the meeting.
- ▶ Elective 23 ("Find out what kind of milk your family drinks and why."): While eating the snack, Tiger Cubs find out from their adult partners what kind of milk their family drinks, and why.
- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ► This is an opportunity to talk about the best things they did, and what they are looking forward to in the summer and next year (you can promote those activities).
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ **Elective 33** ("With your den or family, play Cleanup Treasure Hunt."): Boys and adult partners play Cleanup Treasure Hunt:
  - Divide into two teams. Each team should have a copy of the Treasure Hunt List, a pencil, a white trash bag, and a black trash bag.
  - Go to your designated treasure hunt area:
    - One person from each team should be in charge of crossing off the items on the list as you find them.
    - One person from each team should be in charge of holding the white trash bag. This bag is for RECYCLABLES ONLY.
    - Another person should be responsible for holding the black trash bag. This bag is for TRASH ONLY.
    - The rest of the team is to go, find, and cleanup items that are on the list. WEAR GLOVES!!!
  - They can collect items that are not on the list too and add it to the end of the list for EXTRA POINTS:
    - Make sure that the trash and recyclables get into the right bag.
    - Make sure that you let the list person know what you have found.
    - You may want to have a time limit—10 minutes might be good.
    - Once the allotted time is up, have the teams tally up their points.
    - The team with the most points gets to take the recyclables home!
    - The team with the least points gets to take care of the garbage. (Just have them throw it
      out at a nearby trashcan, if available.)



- When finished, have everyone wash their hands with soap or use hand sanitizer.
- Then have everyone get together in a circle and put their hands in. At the count of three everyone is to say the Cub Scout Motto, "DO YOUR BEST" as loud as they can and end it with a big Tiger roar!

### Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers. Discuss summertime Cub Scout activities with the boys and adult partners.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

As you go through the other electives in each boy's book, you are likely to find that he has completed many of them, and therefore may have earned more Tiger Track beads.

## After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.



# Supplemental Den Meeting A



# Supplemental Tiger Den Meeting A

**Collecting and Other Hobbies** 

Elective 16.

### **Preparation and Materials Needed**

- ► Encourage Tiger Cubs to participate in your pack's summertime activities, such as marching in parades, going to a ball game, having a campfire and marshmallow roast, and participating in Cub Scout day camp. Boys may be able to earn the National Summertime Pack Award pin by participating in events.
- ▶ It is recommended that the den (now a Wolf Cub Scout den!) plan an activity or outing at least once a month during the summer so that the den will qualify for the National Den Award. (The National Den Award requirements and application can be found at <a href="https://www.scouting.org/CubScouts/Leaders/Forms.aspx">www.scouting.org/CubScouts/Leaders/Forms.aspx</a>.)
- Ask the Tiger Cubs and their adult partners to be prepared to show or tell about each boy's hobby or collection (such as sport cards, coins, rocks, fossils, arrowheads, star wars items, autographs, patches, TV or movie posters, stamps).
- Adult partners might also bring collections, so long as they don't eclipse attention on the Tiger Cubs (this would just be to get the Tiger Cubs excited about collecting).
- Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - If you've got something interesting to share, you can bring your collection too.
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

## **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► Elective 16 ("With your den, show or tell about something you like to collect, OR tell your den about a favorite hobby or activity."):
  - Allow each Tiger Cub to show and tell his collection. Tiger Cubs who don't have a
    collection should tell about their favorite hobby or activity. (Prompt the shy to describe the
    most fun thing they've ever done.)
  - Be sure that adult partners have prepared each Tiger Cub for this, and that everyone (including adult partners) pays attention to the Tiger Cubs.
  - Adult partners briefly showing their (interesting) collections could be useful to set the example.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ▶ Hand out or send family information letter.

## **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting A



# Supplemental Den Meeting B



# **Supplemental Tiger Den Meeting B**

Make a Model, Part 1

Elective 17.

### **Preparation and Materials Needed**

- ► These den meetings can be held in advance of your pack's annual pinewood derby. If you're doing this meeting after your pinewood derby, then find something else fun and interesting to build.
- ▶ Ideally, make arrangements for your den to take a Go See It to a parent's house that has a good (and safe) area for woodworking. A local hardware store may be willing to assist you for this work.
- ▶ *Note:* Power tools are not appropriate for use by Cub Scouts. (See age-appropriate guidelines for Scouting activities at www.scouting.org/HealthandSafety/Resources/AgeAppropriateGuidelines.)
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Pinewood derby car kit for each boy. These can be purchased at your local Scout shop.
  - Bring the rules for your derby about how your cars are to be built.
  - Saws, hammers, wood rasps, drills, weight inserts (washers, fishing weights or other), sandpaper, paint, decals, and smocks. A good scale to weigh the cars is very useful.
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem

## **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

## **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- Explain the upcoming pinewood derby, what you know of the participation and competition rules, and how you'll go about making the cars today. Outline all safety ground rules for your location and attendees.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 17 ("Make a model."): Build pinewood derby cars with each Tiger Cub.
  - It will likely take two or more meetings to make the pinewood derby car.

### Want More Fun in Your Activities?

Focus first on fun designs: Have each Scout use his imagination about what he wants his car to look like. Encourage all to be creative. You may not have the fastest car, but can you have the coolest design?

### Here are some crazy ideas:

Coke bottle Bath tub Skateboard Cell phone Game Boy Camera Laptop Pencil Computer mouse Pickup truck Cockroach Hot dog Watermelon Shark Tank Computer Gift wrapped Beaver on a log iPod Banana Burrito Rat Train engine Ambulance

Train engine Ambulance
School bus Dragster rocket
Boat Cheese wedge
Fish Batmobile
Fire truck Zamboni

- Start by cutting and sanding the block of wood.
- The den leader may wish to hold all of the wheels and axles until the second meeting. The cars can be painted at the next meeting. Apply decals when the paint is dry.
- The Cub Scout and adult should make the car together as a project. Don't let the Tiger Cub just stand around while the adult cuts and sands, and does all the work. Parents should shape with tools, power tools, or whatever (let the Scout help as he can on the rasping and sanding), and then direct the rest of the action while showing the boy each step in building a car. Let your Scout work to his ability.
- Den leaders: Watch carefully, and be sure that adult partners don't get carried away with this project and leave out their Tiger Cubs in the process. If this is a risk, you might suggest to your pack that they have an adult division so that the adult partners can have a way to participate while allowing their Tiger Cubs to really make their own cars.
- ▶ Watch this meeting carefully, because you'll probably need some breaks. Be sure to mix in brief games and songs (serious or silly) to change the pace of the meeting because Tigers have short attention spans. You and they will have more fun and focus better if you mix it up.

# Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.
- ► Home Assignment: Elective 17: With adult partner or family member, continue to work on pinewood derby model.

# After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.
- ► See Supplemental Tiger Den Meeting B for the details.
- ▶ Ideally, all Tiger Cubs have completed the rough assembly of the car kits, and so no sawing or shaping will be needed, but if some need to catch up, you may need all of those materials again for this meeting.

# Supplemental Den Meeting B





# Supplemental Den Meeting C



# **Supplemental Tiger Den Meeting C**

Make a Model, Part 2

Elective 17.

### **Preparation and Materials Needed**

- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Pinewood derby car kits in process for each boy.
  - Bring the rules for your derby about how your cars are to be built.
  - Saws, hammers, wood rasps, drills, weight inserts (washers, fishing weights, or other), sandpaper, paint, decals, smocks. A good scale to weigh the cars is very useful.
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

### **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ► Review the upcoming pinewood derby, what you know of the participation and competition rules, and how you'll go about making the cars today. Outline all safety ground rules for your location and attendees.
- ▶ This would be a good time for each Tiger Cub to show his car in process and describe how he is going to finish the car and complete the design.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 17 ("Make a model."): Build pinewood derby cars with each Tiger Cub.
  - Ideally, today is decoration and completion day, so there should be less need for adult partners to make the cars, and more opportunity for adult partners to assist and coach the Scouts on their painting, gluing, stickers, and design elements.
  - Den leaders: Watch carefully, and be sure that adult partners don't get carried away with this project and leave out their Tiger Cubs in the process. If this is a risk, you might suggest to your pack that they have an adult division so the adult partners can have a way to participate while allowing their Tiger Cubs to really make their own cars.
- ▶ Watch this meeting carefully, because you'll probably need some breaks. Be sure to mix in brief games and songs (serious or silly) to change the pace of the meeting because Tigers have short attention spans. You and they will have more fun and focus better if you mix it up.

# Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

## **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting C



# Supplemental Den Meeting D



# **Supplemental Tiger Den Meeting D**

Go See It: Visit a Bakery

Elective 45.

### **Preparation and Materials Needed**

- ▶ Make arrangements for your den to take a Go See It to a bakery and to use some space while there for your den meeting business. You may visit a small local bakery or a large baking company. Some large grocery stores bake their own goods. Or use a parent who is a baker, and do the Go See It to that person's kitchen.
  - Be sure your host knows how long you need to have someone make the presentation, and that you've confirmed what can or should be covered that would be interesting and fun for Tiger Cubs.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Arrange for the host to have supplies for baking something as part of the presentation.
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

### **Before the Meeting**

Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► Elective 45 ("Visit a bakery."):
  - ▶ Have the baker host show the bakery, tools, and items being baked.
  - ► Ideally, have the baker host allow the Tiger Cubs to make something that can be baked and eaten at the end of the meeting, or taken home for families to enjoy.

### Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Tiger Den Meeting E

**Get the Word Out** 

Elective 20.

### **Preparation and Materials Needed**

- ► Consider what ideas you might want to salt the meeting with if the Tiger Cubs don't quickly come up with a good "public service announcement" skit about Cub Scouting.
  - You might search the Internet for ideas about similar skits, because many leaders have posted ideas or would be willing to provide suggestions.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Paper and pencils for each Tiger Cub to write his part for the script for the Tiger Cub public service announcement skit.
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem
  - (Optional) If you or the adult partners want to add some creativity to this, you might bring some materials that could be costumes or supplies for backdrops or items used in the skits.

## **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

## **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► Elective 20 ("With your den, make up a PSA (public service announcement) skit to tell people about Tiger Cubs."):
  - Ask the Tiger Cubs what a public service announcement is, and, as needed, explain what it is.
  - Have them create a public service announcement-type skit to tell people about Tiger Cubs.
  - In the skit, tell why you like Tiger Cubs and why others should join, too. You might reenact
    some of the fun activities your den has participated in to show the audience why Tiger Cubs
    is fun.
  - This skit can be presented at a pack meeting or at a recruitment event for new Tiger Cubs.
- ▶ Allow the Tiger Cubs to practice the skit to see what elements work and are interesting.
  - Let as many Tiger Cubs as have ideas show them so all ideas can be considered and the best pieces used in the PSA skit.
- Especially if and when the Tiger Cubs hit "writer's block," be sure to mix in brief games and songs (serious or silly) to change the pace of the meeting. Tiger Cubs have short attention spans, and you and they will have more fun and focus better if you mix it up.





# Supplemental Den Meeting E



### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# **Supplemental Tiger Den Meeting F**

**Magic Fun** 

Elective 19.

### **Preparation and Materials Needed**

- ▶ Review the *Cub Scout Magic Book*, No. 33210, for additional tricks that Tiger Cubs and Adult Partners might want to try out at this meeting.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - A dollar bill for each boy
  - Two paper clips per boy
  - Balloons (at least one per boy)
  - Clear cellophane tape
  - Straight pins
  - Cub Scout Magic Book and any materials for additional tricks you want to accomplish
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem

## **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

## **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 19 ("Learn a magic trick and show it to your family or den."):
  - Learn the Magic Jumping Paper Clips magic trick, as shown in the *Tiger Cub Handbook*, page 106.
  - Learn the Magic Unbreakable Balloon magic trick, as shown in the *Tiger Cub Handbook*, page 106.
  - Keep practicing the tricks until they look like magic.
- ▶ If you have selected any other tricks from the Cub Scout Magic Book, teach and practice those.
- ▶ Especially if there is frustration in being able to show these tricks, be sure to mix in brief games and songs (serious or silly) to change the pace of the meeting. Tiger Cubs have short attention spans, and you and they will have more fun and focus better if you mix it up.
- ▶ After they master the tricks and at the very end of the meeting, turn it into a magic show.
  - You might prep one of the Tiger Cubs to be the MC or enlist an adult partner to do that with a Tiger Cub, announcing each act and getting volunteers from the audience (any parents in attendance).
  - Have the boys do the tricks they are best able to do, but be sure that each does a trick.

# Supplemental Den Meeting F





# Supplemental Den Meeting F



► The den could also perform at a pack meeting, if that is consistent with the pack program. This meeting would be a rehearsal for the pack meeting.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# **Supplemental Tiger Den Meeting G**

Picnic Fun, Snack Time, Safety in the Sun, and Fun Outdoors Elective 22. Elective 25. Elective 29. Elective 35.

## **Preparation and Materials Needed**

- ▶ Well in advance, select a date, time, and location for your picnic and inform the den. If needed because of weather, you can picnic indoors.
- ▶ With the families of the boys in the den, decide who will bring what food and picnic supplies.
  - Determine what sort of games your den would like to play at the picnic. Take ideas from families and/or assign families to bring their favorite games to play.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Food and picnic supplies (to the extent not delegated to other families).
  - For "ants on a log": celery, peanut butter (check allergies) or cream cheese, and raisins.
  - For "patriotic surprise": blueberries, sliced strawberries (or any other red berry), cottage cheese (or any other white food, such as coconut flakes), plus a rectangular tray or platter.
  - If you will be outdoors, bring sunblock and a first aid kit.
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem
- ▶ *Note*: If your picnic gets rained out and you take it indoors, you can repeat this den meeting with different snacks and games.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

## **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at your picnic.
- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ Elective 22 ("With your family or with your den, have a picnic—indoors or outdoors."):
  - At the picnic, play games your den likes.
  - You might have families take turns leading their favorite games.
- ▶ Elective 25 ("Make a snack and share it with your family or den."):
  - Wash your hands with soap and warm water.
  - For ants on a log, take stalks of celery and add peanut butter (check allergies) or cream cheese. Raisins are the "ants" on top of the celery logs.
  - For patriotic surprise, arrange the red, white, and blue foods on the rectangular tray or platter to form an American flag.
- ► Elective 29 ("Safety in the sun"):
  - Talk with your adult partner about when you should use sunscreen. Find out whether you have any in your home and where it is kept.

# Supplemental Den Meeting G





# Supplemental Den Meeting G



- With your adult partner, look at a container of sunscreen and find out whether it still protects you when you are wet. Also find out how long you are protected before you have to put on more.
- Look for the expiration date and make sure the sunscreen is not too old.
- ► Elective 35 ("Play a game outdoors with your family or den."):
  - More games! Note: Be sure that adult partners and families get into the action too, so that all have fun!

## Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# **Supplemental Tiger Den Meeting H**

Plant a Seed! and Song Time

Elective 30. Elective 6.

### **Preparation and Materials Needed**

- ▶ Ideally, identify what you'll plant and start this activity yourself weeks in advance, so that you can bring in examples of how the seeds will grow after the Tiger Cubs plant them (and you can see what works best).
  - As you see how they develop, you might bring in examples showing one, two, three or more weeks.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Seeds, pits, or green tops, preferably from something the boys often eat.
  - Suggestions: avocado pit, carrot tops, or citrus seeds, apple seeds, pear seeds, potatoes, sweet potatoes, pineapple tops, pumpkin seeds, or beet tops.
  - Planting containers
  - Planting soil
  - Words to the songs you're going to sing (if not in the Tiger Cub Handbook)
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

## **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ **Elective 30** ("Plant a seed, pit, or greens from something you have eaten."):
  - Plant seeds or green tops, as described in the *Tiger Cub Handbook*, page 122.
- ► Elective 6 ("Along with your adult partner, teach a song to your family or to your den and sing it together."):
  - Sing the songs "I've Got That Tiger Cub Spirit" and/or "If You're a Tiger and You Know It."
  - Feel free to substitute or add appropriate songs that you and the Scouts want to sing.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ▶ Hand out or send family information letter.

## **After the Meeting**

- ► If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

## Supplemental Den Meeting H





# Supplemental Den Meeting I



# **Supplemental Tiger Den Meeting I**

Go See It: See a Performance

Elective 36.

### **Preparation and Materials Needed**

- ▶ Make arrangements for your den to take a Go See It to see a performance. This could be a play or musical performance. Consider attending a performance or recital at an area high school or college, or as part of a neighborhood or community festival.
  - You may wish to include the families of the Tiger Cubs.
  - Obtain tickets in advance and arrange transportation, if necessary.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ▶ Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

## **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► Elective 36 ("With your family or your den, go see a play or musical performance in your community."):
  - Attend the performance.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# **Supplemental Tiger Den Meeting J**

Go See It: Visit a Bike Repair Shop and Take a Bike Ride With Your Adult Partner Elective 38. Elective 37.

# **Preparation and Materials Needed**

- ▶ Make arrangements to visit a bicycle repair shop. If there is none convenient or Tiger Cub friendly, find an adult partner or neighbor with bike tools and interest in hosting (tools plus bikes equals repair shop!).
  - Give the shop manager or other instructor a copy of this meeting plan.
  - Arrange transportation to the bicycle shop or meet there.
- ▶ Important note: The bike ride part of this meeting is appropriate only if all Tiger Cubs have learned to ride a bike. If some have not yet learned, encourage them to do so well in advance of this meeting. Avoid having a boy feel embarrassed about not knowing how to ride. This meeting may need to be scheduled late in the year, or not at all, if it would cause embarrassment for a boy.
- ▶ Plan the location for this ride.
  - It will be safest to use a bicycle path or other area not used by motor vehicles.
- ► Communicate with parents to make sure all boys have access to a bike and a proper helmet, and so non-riders have advance notice so the boys have time to learn how to ride a bicycle.
  - Each boy participating in the bike ride must wear an approved bike helmet.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Bike safety quiz (An example is at the end of this meeting plan.)
  - Bike repair tools (pumps, spare tubes, tire patch, and other tools), and your own bike and helmet.
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ▶ Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

#### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ► Review bicycle safety rules and the plan for your ride.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► Elective 38 ("Visit a bike repair shop."):
  - See how people repair broken bicycles and what they do to keep them working.
  - Find out what you can do to take care of a bicycle so that it will last a long time.
  - Have individual "parent signoffs" for bike inspection (so they can judge if each bike is ready to ride).
- ► Elective 37 ("Take a bike ride with your adult partner."):
  - Make sure there is sufficient time and space for the Scouts to ride around and enjoy their bikes!







# Supplemental Den Meeting J



# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

**Bike Safety Quiz**A bicycle is not a toy; it is a vehicle and *you are the driver!*Learn to share the road and *Ride Safely.* 

1.	Are there any times when you don't need to wear a helmet when riding a bike?  Answer:
2.	Name three safe bike riding practices:  Answer:
3.	What kinds of things should you check before you begin to ride?  Answer:
4.	Where do most bicycle crashes occur?
5.	Answer: When riding your bike, it is important to stay alert at all times. Name three road hazards you should watch out for:  Answer:
6.	Is it OK to ride a bicycle while listening to audio headphones?
	Answer:
7.	What is the most serious type of injury for cyclists?  Answer:
8.	Always be a courteous cyclist. Remember, who has the right of way? Cyclists or pedestrians?
	Answer:
9.	How do you finish this sentence? Be Safe, Be! Sore <u>or</u> Seen?  Answer:!
10.	Always go with the flow of traffic, and stay to which side of the road?  Answer:
11.	Before entering a roadway, you should look which ways for traffic?
	Answer:
12.	Where do you always need to check before changing lanes?
	Answer:
13.	Your bicycle helmet should cover your what?  Answer:
14.	Your bicycle helmet should fit how?
	Answer:
15.	When making a turn, what do you do for others?  Answer:
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# Supplemental Den Meeting J



# Supplemental Den Meeting J



#### **Bike Safety Quiz Answers**

A bicycle is not a toy . . . it is a vehicle and <u>you are the driver</u>! Learn to share the road and <u>Ride Safely</u>.

1. Are there any times when you don't need to wear a helmet when riding a bike?

Answer: No, you should wear a helmet every time you get on any bike.

2. Name three safe bike riding practices:

Answers include:

- a. Ride single file.
- b. Obey traffic signs, signals, and lane markings.
- c. Always ride on the right side of the road, with traffic.
- d. Signal your moves to others.
- e. Check for traffic at an intersection.
- f. Stay alert at all times; slow down at driveways.
- g. \_\_\_\_\_
- 3. What kinds of things should you check before you begin to ride?

Answers:

- a. Inflate your tires properly.
- b. Check your brakes before riding.
- c. Always wear bright colors.
- d. Make sure you're not wearing clothes that can get caught in your bike.
- e. Carry your books and other possessions in a bicycle carrier or backpack.
- 4. Where do most bicycle crashes occur?

Answer: At intersections, including driveways.

5. When riding your bike, it is important to stay alert at all times. Name three road hazards you should watch out for.

Answers: Potholes, wet leaves, storm grates, cracks, gravel, broken glass or trash, water or oil, parked cars (doors flying open), \_\_\_\_\_

6. Is it OK to ride a bicycle while listening to audio headphones?

Answer: No.

7. What is the most serious type of injury for cyclists?

Answer: Head injuries.

8. Always be a courteous cyclist. Remember, who has the right of way? Cyclists or pedestrians?

Answer: Pedestrians.

9. How do you finish this sentence? Be Safe, Be \_\_\_\_\_! Sore or Seen?

Answer: Be Safe, Be Seen!

10. Always go with the flow of traffic, and stay to which side of the road?

Answer: The right side of the road.

11. Before entering a roadway, you should look which ways for traffic?

Answer: Left-right-left.

12. Where do you always need to check before changing lanes?

Answer: Beside you, in front of you, and behind you!

13. Your bicycle helmet should cover your what?

Answer: Forehead and the top of your head.

14. Your bicycle helmet should fit how?

Answer: Snugly, all straps snug and attached.

15. When making a turn, what do you do for others?

Answer: Signal your turn; show right and left turn signals.

# **Supplemental Tiger Den Meeting K**

Go See It: Go to Work

Elective 39.

# **Preparation and Materials Needed**

- ▶ Make arrangements for your den to take a Go See It to visit the workplace of one of the adult partners. Ask the host to be prepared to explain and show the boys what is done at his or her workplace and how.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

#### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 39 ("Visit the place where your adult partner or another adult works."):
  - Ask the host to explain and show the boys what is done at his or her workplace and how.
  - Ask other adult partners how their work may be similar to or different from what is done here.
  - Ask the boys what kind of education and other preparation they will need to do this kind of work or other kinds of work.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting K



# Supplemental Den Meeting L



# **Supplemental Tiger Den Meeting L**

#### **Feed the Birds**

Elective 32.

# **Preparation and Materials Needed**

- ▶ **Determine if any of the boys is allergic to peanuts.** If peanut allergies are a problem, substitute shortening for peanut butter. Find on the Internet instructions for pinecone bird feeders.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Materials for a pinecone bird feeder: one large pinecone per boy, string, jar of peanut butter, birdseed, an 8-by-8-inch cake pan, plastic knives, newspaper to cover the work table, a smock or large shirt for each boy and adult, and quart-size plastic zipper bags labeled with each boy's name to hold each completed pinecone bird feeder
  - Materials for a garland for the birds: oranges, day-old bread, heavy duty twine, yarn needle.
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

#### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 32 ("Make a bird feeder and then hang it outdoors."):
  - Make one or both kinds of bird feeders described in Elective 32; the pinecone bird feeder and/or the garland for the birds. See the Tiger Cub Handbook, page 126.
  - Hang the birdfeeder(s) outdoors.
- Be sure to mix in brief games and songs (serious or silly) to change the pace of the meeting. Tiger Cubs have short attention spans, and you and they will have more fun and focus better if you mix it up.

#### **Want More Fun in Your Activities?**

Don't just walk out and hang the bird feeders: Consider fun ways to do this.

- Maybe channel your best Animal Planet sense of wonder and danger.
- Or create your own bird masks. Or go to the other team and wear cat masks out there! They can be made out of paper grocery bags, or paper plates with string/ rubber bands, plus markers.

# Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting L



# Supplemental Den Meeting M



# **Supplemental Tiger Den Meeting M**

## **Family Mobile**

Elective 5.

# **Preparation and Materials Needed**

- ▶ If you are not a craftsperson, this is a great opportunity to enlist an adult partner who can lead crafts.
- ► You might ask Tiger Cubs and adult partner to bring in copies of photos that could be added to the mobiles.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Lightweight wire coat hangers (two per boy)
  - Clay
  - Scraps of cloth
  - Rocks
  - Construction paper
  - Thread or string
  - Colored markers
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

#### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► **Elective 5** ("Make a family mobile."):
  - You may make a mobile with a base of rocks covered with clay, as described in the *Tiger Cub Handbook* under **Elective 5**, or a hanging mobile, using two wire coat hangers for each boy.
  - Have the boys draw pictures of the things that remind them of their family members, or make small models of them out of paper, cloth, or clay.
  - Hang each piece from the wire mobile, using thread or string.
- ► Have each Tiger Cub show his family mobile to the den, and explain why the items on the mobile remind them of family members.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting M



# Supplemental Den Meeting N



# **Supplemental Tiger Den Meeting N**

**Display a Picture** 

Elective 4.

# **Preparation and Materials Needed**

- ▶ If you are not a craftsperson, this is a great opportunity to enlist an adult partner who can lead crafts.
- ► Ask Tiger Cubs and adult partner to bring one or more photos to be put into the frames that will be made.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Poster board, for backing the picture and frame
  - Tongue depressors or craft sticks
  - Glue, tape, scissors
  - Buttons, shells, or markers to decorate the frame
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem

#### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

#### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 4 ("Make a frame for a family picture."). See the *Tiger Cub Handbook*, page 84:
  - If a Tiger Cub did not bring in a photograph, have the Tiger Cub draw a family picture to be framed. You might have all of the Tiger Cubs do that, and they can decide whether to use the photo or drawing.
  - Cut the poster board to a size that will provide backing for the picture and frame.
  - Glue the sticks to the poster board.
  - Decorate the frame with buttons, shells, or markers.
  - Glue the picture in the center of the frame.
  - Fasten ribbon or string to the back, for hanging, if you wish.
- ▶ Have each Tiger Cub show his framed picture to the den, and explain to the den who is in the picture.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.



# **Supplemental Tiger Den Meeting O**

Go See It: Healthy Teeth and Gums

Elective 46.

# **Preparation and Materials Needed**

- ▶ Make arrangements for your den to take a Go See It to visit a dental office to visit a dentist or dental hygienist.
  - Ask the host to be prepared to explain and show the boys interesting things in the office, as well as give dental hygiene advice.
  - Alternatively, if transportation or logistics are a problem, you could have a dentist or dental hygienist come to your meeting, but be sure that they bring tools and hands-on items that the Tiger Cubs can examine.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- ▶ Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

#### **Business Items**

(On a Go See It field trip, you'll really need to determine when to cover these—at the beginning may not make sense. Work it in when you can do it in a way that works for you):

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► Elective 46 ("Visit a dentist or dental hygienist."):
  - Visit with a dentist or dental hygienist and ask what you can do to take care of your teeth and gums.
  - Ask the person what he or she had to learn about the job that they do.
  - Ask the person for a tour of the office, and to see how the machines and tools work.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting O





# Supplemental Den Meeting P



# **Supplemental Tiger Den Meeting P**

Sew a Button and Song Time

Elective 18. Elective 6.

# **Preparation and Materials Needed**

- ▶ If you are not a craftsperson, this is a great opportunity to enlist an adult partner who can lead crafts.
- ▶ Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - An assortment of large buttons with two or four holes
  - Fabric scraps
  - A needle with a large eye for each boy
  - Thread
  - Words to the songs you're going to sing (if not in the *Tiger Cub Handbook*)
  - Tiger Track beads for Tiger Cub Immediate Recognition Emblem

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct flag ceremony and Pledge of Allegiance.
- Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

#### **Business Items**

- ▶ If a Scout has brought his family scrapbook back, allow him to show it to the rest of the den.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► Elective 18 ("Sew a button onto fabric."):
  - Cut a piece of thread about 20 inches long and thread the end into the needle.
  - Double the thread and make a knot in the end.
  - Put the button on the cloth where you want it, and hold it there with one hand.
  - With the other, bring the needle up through one of the holes of the button from the wrong side and pull gently until the thread is all the way through the cloth.
  - Then push the needle through another hole back to the wrong side of the fabric.
  - Keep working the thread up and down through the holes until the button is secure.
  - End with the needle on the wrong side of the fabric. Make a knot by taking several small stitches in the same spot.
  - Cut off the extra thread.

#### **Want More Fun Activities?**

To have a use for the button sewing, you could sew the buttons onto socks to make sock puppets (along with other markers and materials to decorate the sock puppets), and then have sock puppet theater.

▶ Be sure to mix in games to change the pace of the meeting, because Tiger Cubs have short attention spans, and you and they will have more fun and focus better if you mix it up.

- ► Elective 6 ("Along with your adult partner, teach a song to your family or to your den and sing it together."):
  - Sing the songs "I've Got That Tiger Cub Spirit" and/or "If You're a Tiger and You Know It."
  - Feel free to substitute or add appropriate songs that you and the Scouts want to sing.

# Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ▶ Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting P





# **Template for Parent Information Letter or E-Mail**

	, 20		
Dear Tiger	r Den Cub Scout Parents:		
	<pre><copy applicable="" from="" pre="" summary="" the<=""></copy></pre>	Meeting Plan>. Our special guest leaders were	
	and, who <u>&lt;</u>	<pre><pre>cpraise the contributions!&gt;.</pre></pre>	
on these ac <i>applicable</i>	chievements or electives from your son's summary from the Meeting Plan>. To I	s Tiger Cub Handbook: <a href="mailto:scopy"><copy< a=""> help prepare, please have your son complete the</copy<></a>	
review tho		Handbook. Our special guest leaders planning	
	ald like to assist at this or another meeting ates, plans and rank requirements to be		
	pack meeting onday, ent is as follows: Our den		
glad to hav	we (like doing chores around the house)!		
does this]	, den leader [Note:	Or assistant den leader, if the assistant den lead	
Phone Nui	mbers:		
E-Mail Ad	ldress:	_	
Upcoming covered]:	Dates and Meetings [Note: Be sure to a	adjust as you change the sequence or requirement	
Date	Den Meeting Plan	Rank Requirements/Electives to Be Covered	
_/_/_	Meeting 1: Bobcat and Making My Family	Achievements 1D and 1F. Bobcat (partial)	
_/_/_	2: Bobcat and Making My Family Special	Achievements 1F, 1G and 3D. Bobcat	
_/_/_	3: Keeping Myself Healthy and Safe	g achievements or electives from your son's Tiger Cub Handbook:  mmary from the Meeting Plan>. Our special guest leaders were to <pre></pre>	
_/_/_	4: Go See It: Keeping Myself Healthy and Safe	Achievement 3Fa and 3G. Elective 23	
_/_/_	5: Go See It: Let's Go Outdoors	g achievements or electives from your son's Tiger Cub Handbook:  mmary from the Meeting Plan>. Our special guest leaders were	
_/_/_	6: Where I Live and How I Tell It		
//	7: Go See It: Where I Live	Achievements 2G and 4F	



_/_/_	8: Go See It: How I Tell It	Achievement 4G
_/_/_	9: How Do You Celebrate? and Making Decorations	Electives 1 and 2
_/_/_	10: Go See It: Making Change and Banking	Electives 13 and 50
_/_/_	11. Reduce, Reuse, Recycle; Reading Fun; Play Along!; and The Show Must Go On	Electives 47 and 21
_/_/_	12: Transportation	Elective 41
_/_/_	13: Phone Manners, Emergency!, Our Colorful World, and A Friendly Greeting	Electives 26, 27, 15, and 12
_/_/_	14: Go See It: Pet Care and Learn About Animals	Electives 43 and 31
_/_/_	15: Fun and Games (Bingo or Other Games)	Electives 3, 23, and 25
_/_/_	16: Cleanup Treasure Hunt, What Kind of Milk?, and Snack Time	Electives 33, 23, and 25
	Supplemental Meeting A: Collecting and Other Hobbies	Elective 16
	B: Make a Model, Part 1	Elective 17
	C: Make a Model, Part 2	Elective 17
	D: Go See It: Visit a Bakery	Elective 45
	E: Get the Word Out	Elective 20
	F: Magic Fun	Elective 19
	G: Picnic Fun, Snack Time, Safety in the Sun, and Fun Outdoors	Electives 22, 25, 29, and 35
	H: Plant a Seed! and Song Time	Electives 30 and 6
	I: Go See It: See a Performance	Elective 36
	J: Visit a Bike Repair Shop and Take a Bike Ride With Your Adult Partner	Electives 38 and 37
	K: Go See It: Go to Work	Elective 39
	L: Feed the Birds	Elective 32
	M: Family Mobile	Elective 5
	N: Display a Picture	Elective 4
	O: Go See It: Healthy Teeth	Elective 46

and Gums

**P:** Sew a Button and Song Time

Electives 18 and 6





# WOLF DEN MEETINGS



# **Wolf Cub Scout Den Meeting Plans**

Den meeting plans are developed around a Scouting program year that is presumed to begin in early September and continue through May, at which time Cub Scouts would become involved in summertime Scouting activities. Two types of den meeting plans are offered for the den leader's use:

- ► Numbered plans: Programming for the program/school year (September through May), including rank advancement requirements for dens meeting twice a month
- ► Lettered or supplemental plans: Additional programming for dens meeting year-round or more than twice per month

Meeting Date	Den Meeting Plan No.	Wolf Den Meeting Plans	Achievements/Electives Covered
	1	Bobcat and Your Flag	Do: Achievement 2b or 2f, Bobcat (partial), Electives 9b, 12e HA*: Achievement 8b–e, How to Protect Your Children From Child Abuse
	2	Your Flag and Feats of Skill	Do: Achievements 2a and 1a-f
	3	Your Flag, and Sports Electives	Do: Achievement 2c, 2d, 2e, 2g; Elective 20h, i, j (one of k, l, or m), Bowling belt loop HA: Achievement 3a
	4	Keep Your Body Healthy and Bowling Field Trip	Verify: Achievement 3a Do: Achievement 3b-c, Elective 20g, Bowling belt loop
	5	Know Your Home and Community and Be Safe at Home and on the Street	Do: Achievements 4f, 9a, 9d, 9e HA: Achievements 4a–d, 9b–d, 7e
	6	Know Your Home and Community, Make a Gift and Sing-Along	Verify: Achievement 9b-d Do: Achievement 4a-d, Electives 9b-c, 11a HA: Achievement 4e
	7	Your Living World and Tie It Right	Verify: Achievements 4e, 7e Do: Achievement 7a–f, Electives 9b–c, 17a–c HA: Achievements 4e, 6b, 8c–e
	8	Cooking and Eating and Start a Collection	Verify: Achievements 4e, 8c-e Do: Achievements 6a, 6c, 8a, 8b
	9	Tools for Fixing and Building	Do: Achievement 5a-e HA: Achievements 10 and 11, Elective 13c
	10	Birds	Verify: Achievements 10 and 11 and Elective 13c Do: Elective 13a-e; Achievement 10a-g HA: Elective 13f
	11	Making Choices	Verify: Elective 13f Do: Achievement 12a and four from 12b–k HA: Review and complete Achievement 12
	12	Books, Books, Books	Verify: Achievement 12a–k Do: Electives 6a and 6c, 12a
	13	Pets	Do: Elective 14b-d
	14	American Indian Lore (and Turn in Making Choices)	Do: Elective 10a, 10c, 10f HA: Electives 10a (if not complete), 21
	15	Marbles	Verify: Achievement 10a, Elective 21 Do: Elective 4e, Marbles belt loop
	16	Outdoor Adventure and Fishing (or another Game or Belt Loop)	Do: Electives 18a and b, 19a–f

# **Supplemental Den Meeting Plans**

	<u> </u>	
Den Meeting Plan Letter	Wolf Cub Scout Den Meeting Plan	Achievements/Electives Covered
Α	Grow Something and Birds	Do: Electives 10a, 13b, 15a or b
В	Spare Time Fun, Part 1	Do: Elective 5
A Grow Something and Birds Do: Electives 10a, 13b, 15a or b  B Spare Time Fun, Part 1 Do: Elective 5  C Spare Time Fun, Part 2 Do: Elective 5  Swimming and Boating Do: Achievement 1h and 1i,		
D		Do: Achievement 1h and 1i, Elective 20b, Swimming belt loop
E	Be an Actor, Be an Artist	Do: Electives 2, 12d
Swimming and Boating Safety Rules**  Do: Achievement 1h and 1i, Elective 20b, Swimming belt loc  E Be an Actor, Be an Artist Do: Electives 2, 12d  F Make It Yourself Do: Elective 3a-b  G Outdoor Adventure Fun Do: Electives 18a, 4a-f  H Spare Time Fun Do: Elective 5a		
G	Outdoor Adventure Fun	Do: Electives 18a, 4a–f
Н	Spare Time Fun	Do: Elective 5a
I	Make It Yourself	Do: Elective 3c and 3d
J	Machine Power	Do: Elective 8a-d
K	Be an Artist	Do: Elective 12b, c, f
L	Grow Something	Do: Elective 15e
M	Family Alert	Do: Elective 16a-c
N	Sports (Softball or Baseball)	Do: Elective 20l
0	Say It Right	Do: Elective 22a-e

<sup>\*\*</sup> *Note:* Using this plan requires completion by the leader(s) of Safe Swim Defense training. (See *www.scouting.org*.)





# **Wolf Den Meeting 1**

## **Bobcat and Your Flag**

Achievement 2. Elective 9b. Elective 12e. Character Connection for Honesty.

# **Preparation and Materials Needed**

- ▶ With pack leaders, confirm who is in your den, and reach out to parents.
  - Either distribute a talent survey or ask about interests, abilities, etc.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Index cards with the Cub Scout Promise printed on one side and Law of the Pack on the other side (make enough for all people attending the meeting). And Pledge of Allegiance if needed.
  - An undecorated den flag (can be part of a sheet of fabric), flag stands, squares of yellow-gold felt (one per boy). Large paper or poster board and markers to write the den's code of conduct.
  - Ballpoint pens, youth scissors, camera, and film
  - Cub Scout Immediate Recognition Emblems and beads

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ▶ Welcome new and returning Cub Scouts and parents.
- ► Get to know parents/engage them in the meeting.
- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- Collect dues, record attendance and any advancement completed over the summer (a good job for an assistant den leader).

# **Opening**

- ► Conduct an indoor or outdoor flag ceremony (Achievement 2b or 2f). (*Note:* If you don't have a flagpole like at a school, you can still do this, but be sure to plan out in advance where your flag will be posted.)
  - Choose the first Scout to carry the U.S. flag; he may also be today's denner if you use denners.
  - The second Scout will be next meeting's U.S. flag bearer and will carry the den flag today if you have one (the den flag is probably not yet decorated).
  - The third and fourth boys are the "color guards" marching alongside and assisting.
  - The remaining boys in the den and all adults present form a reviewing line that the color guard passes on the way to the flag stands.
  - The den leader can "call" the flag ceremony at the first few meetings (issue directions and calls to attention, etc). until the boys learn how to do so.
- ► After the flags are posted, have all recite the Pledge of Allegiance.
- ▶ Provide index cards printed with the Cub Scout Promise and Law of the Pack for each person present. After the Pledge, all may read the Cub Scout Promise and Law of the Pack in unison from the index cards. Provide the cards for the first few meetings until the boys can recite the Pledge of Allegiance, the Cub Scout Promise, and the Law of the Pack with confidence. Alternatively, the Promise and Law can be learned in "call and response" fashion, line by line.

#### **Business Items**

- ► At this first meeting, develop a den code of conduct.
  - Have each boy tell the den what one rule for good behavior during a den meeting should be.
  - With a little prompting from the den leader, all the rules can be covered. Try to focus on what you want the behavior to be rather describing a negative action.
  - For example: Only one person speaks at a time. Stay in the meeting room, unless you have permission from the den leader to go elsewhere. Use good, appropriate, and positive manners. Walk in the building unless we are doing an activity requiring otherwise. Leave our meeting room cleaner than we found it.

#### **Activities**

- ▶ **Review** the Bobcat requirements (pages 16–26 of the *Wolf Handbook*):
  - Learn and say the Cub Scout Promise.
  - Say the Law of the Pack and discuss what it means.
  - Tell what Webelos means. (We'll Be Loyal Scouts.)
  - Learn the Cub Scout sign and tell what it means. (Two parts of the Promise: "help other people" and "obey the Law of the Pack," and it looks like a Wolf's ears, meaning "I'm ready to listen.")
  - Show the Cub Scout handshake and tell what it means. (Like the sign, two parts of the Promise.)
  - Say the Cub Scout motto. (Do Your Best.)
  - Learn the Cub Scout salute and tell what it means. (Respect)
  - *Suggestion:* Bobcat relay race:
    - The den divides into two teams, lining up for relay race on one end of room or field, with leaders and/or parent helpers on the other end, to test on the Cub Scout Promise, Law of the Pack, Cub Scout motto, sign, handshake, salute, and meaning of *Webelos*.
    - The first boy on each team walks to the leader, answers the Bobcat-related question, then returns to tag the next Cub Scout.
    - If the Cub Scout can't answer, he can go back and get help from the other Scouts, then return and answer the question.
- ► Complete the Character Connection for Honesty.
  - **Know:** Discuss these questions with your family. What is a promise? What does it mean to "keep your word?" What does honesty mean? What does it mean to "do your best?"
  - **Commit:** Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give your word? When might it be difficult to keep your word? List examples.
  - **Practice:** Discuss with family members why it is important to be trustworthy and honest and how you can do your best to be honest when you are doing the activities in Cub Scouting.
- ▶ Elective 9b ("Make a gift or toy like one of these and give it to someone."):
  - Photograph each boy separately (head and shoulders) in his uniform. Alternatively, have the Scouts photograph each other (serious shots and fun shots).
  - This will be used for **Elective 9b** in Den Meeting 5.
- ► Elective 12e ("Make a stencil pattern."):
  - Trace each boy's hand on cardstock (or heavy paper) and make a stencil.
  - Then trace the pattern on a square of yellow-gold felt.
  - Have each boy cut out his handprint and put his name on the back of it.
  - This will be used for your den flag. If you keep the flag in this way, at their Arrow of Light Award ceremony, when the boys are in fifth grade, the handprints can be removed from the den flag and each boy will present his print to his parents.

#### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- . Hand out or send family information letter.
- ► Home Assignment: Remind parents to complete Achievement 8b-e and read How to Protect Your Children From Child Abuse: A Parent's Guide.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

Following Den Meeting 1, the den leader prints each boy's name on his felt handprint, using fabric paint. When the paint is dry, the leader may sew the handprints onto the den flag or may choose to have the boys do the sewing at Den Meeting 2.







# **Wolf Den Meeting 2**

#### Your Flag and Feats of Skill

Achievement 2. Achievement 1.

# **Preparation and Materials Needed**

- ► For meeting 2, you will need:
  - Cub Scout Promise and Pledge of Allegiance printed on index cards.
  - Bring a baseball or softball and (optional) baseball gloves for boys to play catch. Foam balls
    if indoors.
  - Bring a narrow board, 4 to 6 feet long (see *Wolf Handbook*, page 39). (Lacking a board, you could use a curb or a strip on a basketball court, or make a mark with tape.)
  - Bring tape measure and tape to mark how high and how long.
  - You may wish to have a small poster with the den code of conduct.
- ▶ *Note:* You may elect either to spread **Achievement 1** out over several meetings and spend more time here on tasks like a den flag if you choose. If you do so, make sure your den stays on schedule to advance in rank.
- ▶ You may wish to make a small poster with the den code of conduct.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square: Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - *Note:* Lots of ways to do this. Having each Scout recite alone is ideal; using a tape recorder or video recorder to make it fun is also good as long as all are not silly.
  - Maybe, after each Scout recites, have each add one statement about "what it means" (without, if possible, repeating an earlier comment).
  - An illuminating exercise is to ask the Scouts to discuss what certain of the words mean. "United," "republic," "liberty," and "justice" may just be sounds or noise to many Scouts at this age, so this can be a real eye-opener for them.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).
- Continue using the index cards printed with the Cub Scout Promise and Pledge of Allegiance.

#### **Business Items**

- ▶ Review the code of conduct for den meetings.
- ▶ **Verify:** Confirm completion of **Achievement 8b–c** and *How to Protect Your Children From Child Abuse.*
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- Achievement 1: Feats of Skill Achievements (These can be done with everyone doing the same activity at the same time, or as a rotation among different leaders around the meeting space.):
  - Achievement 1a ("Play catch with someone 10 steps away. Play until you can throw and catch.")
  - Achievement 1b ("Walk a line back and forth. Do it sideways too. Walk the edge of a board six steps each way.")
  - Achievement 1c ("Do a front roll.")



- **Achievement 1d** ("Do a back roll.")
- **Achievement 1e** ("Do a falling forward roll.")
- Do one of the following:
  - Achievement 1f ("See how high you can jump.")
  - Achievement 1g ("Do the elephant walk, frog leap, and crab walk.")
  - Achievement 1j ("Using a basketball or playground ball, do a: chest pass, bounce pass, overhand pass.")
  - Achievement 1k ("Do a frog stand.")
  - Achievement 11 ("Run or jog in place for five minutes.")
- This is a terrific day to jazz up with excitement if you wish. Consider:
  - Themes: carnival, circus, track meet
  - · An MC or announcer for each event
  - Someone with a video recorder (Flip, phone) can team up with a "sideline reporter" to get interviews with the contestants.
- *Note:* If completing **Achievement 1h** ("Using a basic swim stroke, swim 25 feet.") or 1i ("Tread water for 15 seconds or as long as you can. Do your best."):
  - Review aquatics guidelines in the Guide to Safe Scouting (www.scouting.org/ HealthandSafety/GSS).
  - Follow all of the procedures of Safe Swim Defense when participating in any swimming, boating, or water activity.
  - Safe Swim Defense training is required for any aquatics activity; Safety Afloat training for any boating. Both of these may be completed online at www.scouting.org/myscouting.

#### **Want More Fun Activities?**

Creating a den flag is a great way to build den identity. If you've done handprints, have each boy sew or glue his handprint onto the den flag and write his name.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

#### After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





Set the example with healthy nutritious snacks. Be aware of any food allergies of den members.

# **Wolf Den Meeting 3**

#### **Your Flag and Sports Electives**

Achievement 2. Achievement 3. Elective 20. Bowling Belt Loop (partial).

# **Preparation and Materials Needed**

- Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Find a location with a flagpole so the boys can practice raising and lowering the U.S. flag. Or attach a rope and pulley to an existing pole or similar structure.
  - Bring a U.S. flag, your state flag (pictures on page 50 of the Wolf Handbook), and the den flag. Research the meaning of your state flag.
  - A U.S. flag either 3 by 5 feet or 4 by 6 feet is best. Smaller flags may be hard to fold in the official way, and larger flags are too big for Cubs to hold off the ground. A cotton flag is easier to fold than a nylon one.
  - Practice folding a flag yourself before the meeting!
  - Bring a football and flags for flag football; soccer ball, basketball, baseball or softball; and a bat. Or bring whichever of these you think you will really get done in the meeting.
  - Print a health habits chart (below) for each boy (**Achievement 3a**, *Wolf Handbook* page 57).
  - Procure indoor space to do Elective 20 in case the weather does not permit these activities outdoors. Or be ready to use an alternate meeting plan.
  - Stopwatch and tape to mark how far they each run in 10 seconds.
  - If you're doing a field trip for Den Meeting 4, make preparations with the bowling lanes, make transportation plans, and prepare permission slips.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ Practice raising and lowering the U.S. flag (Achievement 2e).

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
- ► Gather in a line, circle, or square:
  - Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a)
  - Cub Scout Promise or Law of the Pack
  - Lead patriotic song.
- ▶ Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

▶ Use this time to discuss participation in coming pack meetings or pack events, as needed.

#### **Activities**

- ► "Your Flag" Achievements (page 47 of the *Wolf Handbook*):
  - Achievement 2c ("Tell how to respect and take care of the U.S. flag. Show three ways to display the flag.")
    - On a pole.
    - Hanging (stars to the right looking out, to the left looking in).
    - Posted on the speaker's right side.

- Achievement 2d ("Learn about the flag of your state or territory and how to display it.")
  - See the state flags on page 50 of the *Wolf Handbook*, and discuss what your flag shows/ what other flags show.
  - Display is subordinate to the U.S. flag (below on a single pole, or to the speaker's left).
- Achievement 2e ("Learn how to raise a U.S. flag properly for an outdoor ceremony.")
- Achievement 2g ("With the help of another person, fold the U.S. flag.")
  - As they practice, it is a good idea to have a third Scout help support the middle of the flag.
- ► Sports Electives (**Elective 20**):
  - Elective 20h ("Show how to make a sprint start in track. See how far you can run in 10 seconds.")
    - Use a stopwatch (or your watch) and tape to mark how far each Scout ran.
    - Repeat as necessary!
  - Elective 20i ("Do a standing long jump. Jump as far as you can.")
    - Use tape to mark how far each Scout jumped.
    - Repeat as necessary!
  - Play a team sport:
    - Elective 20j ("Play a game of flag football.")
      - Elective 20k ("Show how to dribble and kick a soccer ball. Take part in a game.")
      - Elective 20l ("Play a game of baseball or softball.")
      - **Elective 20m** ("Show how to shoot, pass, and dribble a basketball. Take part in a game.")
- ▶ Bowling belt loop, requirement 1 (or for whichever sport you'll be playing in the next meeting). Discuss with the boys the rules of courtesy and safety for bowling. They will need to be able to tell you about these rules at the next meeting to qualify for the belt loop.

#### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.
- ► Home Assignment: Complete and return healthy habits chart (Achievement 3a) in two weeks.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





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	Mark your chart each time you do these things.		Bathe or Shower Offen; Use Soap (1 for each time)	Wash Your Hands (4 for each time)	Brush Your Teeth (√ for each time)	Drink Lots of Water (√ for each cup)	Run and Play Outdoors (how many minutes)	Get the Sleep You Need (how many hours)



# **Wolf Den Meeting 4**

**Keep Your Body Healthy and Bowling Field Trip** 

Achievement 3. Elective 20g. Bowling Belt Loop (completion).

# **Preparation and Materials Needed**

- ► Confirm arrangements for Den Meeting 4's trip to the bowling lanes (or other location) are in place, transportation plans are made, etc.
- ► For Den Meeting 6, make arrangements for a field trip to your local fire station or another important place in your community, such as a historic or government location, so find a location that is important and interesting, as well as convenient, for your den to visit.
- ▶ Request permission to use a meeting room at the fire station or other important place for snacks and to complete additional requirements while at the location.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Bring stick-on bandages for the boys to use on a "pretend" cut finger. And a red marker.
  - (Optional fun) Roll-on cotton gauze and medical tape, plus some red dye.
  - Belt loops for Bowling (or the sport you pick) to provide "immediate recognition" for each boy.
- ▶ Make arrangements with a bowling alley to bring your den.
  - Provide bowling alley staff with a copy of the Bowling belt loop requirements (see below).
  - Arrange transportation to the bowling alley.
- ▶ Alternate sport: Try to do bowling if possible. If not, do another sports belt loop.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square: Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

- ► Verify: Achievement 3a—completed healthy habits chart.
- ▶ Do a general review of rules of courtesy and safety for bowling; cover specific rules for the field trip.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 20g: Go bowling. The Bowling belt loop can be earned. Requirements are:
  - 1. Explain to your leader or adult partner the rules of courtesy and safety for bowling.
  - 2. Show how to pick out a ball of proper weight and with finger holes that fit your hand.
  - 3. Play a complete game with your family or den.
    - Use the down time between throws to have each boy explain to the den leader or adult the rules of courtesy and safety for bowling.
- Achievements 3b ("Tell four ways to stop the spread of colds.") Complete these while the boys are awaiting their turn at bowling, or while taking a break from another sport. Give each boy the opportunity to explain to the den leader or parent helper four ways to stop the spread of colds: Stay away from others if you have a cold or flu; get lots of rest, drink liquids; turn away when sneezing (use a handkerchief, use your elbow); wash your hands often, and always after you sneeze.



- **Achievement 3c:** ("Show what to do for a small cut on your finger."):
  - 1. Tell a grown-up. If it is a big cut, get help fast.
  - 2. Let it bleed out a little (to clear dirt and germs).
  - 3. Wash with soap and water.
  - 4. Put on a stick-on bandage.
- Let each boy demonstrate to the den leader or a parent helper how to use a stick-on bandage on a pretend cut.
- Use the red marker to make a "cut" on a finger. Make it small enough to fit under the bandage and to obviously be a "small cut," probably less than a half-inch long.
- Then go through the steps above. The red marker makes a big difference. The kids are pretty serious and careful about their "cut."

#### Want More Fun Activities?

**Note:** For maximum fun, as the bowling ends, in addition to the Band-Aids, put larger bandages on the boys, using the roll on cotton gauze and medical tape, then add red dye. Be sure to prep the boys to be brave when they are picked up by the parents! But make sure they quickly explain that the bandages are just for practice and that their kids weren't injured!

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
  - Award the belt loop in a manner customary to your pack (ask your Cubmaster if you are unsure). Some packs explain to boys that they will receive their Bowling belt loop at the next pack meeting, others give it as immediate recognition and still recognize them at the pack meeting.
- ► Closing ceremony: Retire the colors (fold and return the flag) or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Wolf Den Meeting 5**

Know Your Home and Community and Be Safe at Home and on the Street Achievement 4. Achievement 9. Character Connection for Responsibility.

# **Preparation and Materials Needed**

- ▶ Make arrangements for a field trip to your local fire station or another important place in your community, such as a historic or government location; so find a location that is important and interesting, as well as convenient, for your den to visit.
- ▶ Request permission to use a meeting room at the fire station or other important place for snacks and to complete additional requirements while at the location.
- ▶ Bring the photographs of the boys that were taken at the first den meeting; bring picture frames to be decorated, paint and brushes or other materials to decorate the frames, and smocks (or old shirts that fit over the boys' uniforms) to protect the boys' uniforms from paint.
- ▶ Prepare permission slips for a field trip to a fire station or other important place at Meeting 6.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Bring paper and pencil for each boy.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

# **Opening**

- ► Using the U.S. flag at the fire station or other important place, conduct a flag ceremony, indoor (Achievement 2b) or outdoor (2f). Options include:
  - Gather in a line, circle, or square: Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

(Do these when it makes sense based on your field trip schedule (could be after the field trip part):

▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► Achievement 4f ("Visit an important place in your community, such as a historic or government location. Explain why it is important."):
  - If you've been able to arrange a tour or a guest speaker at the fire station or other important place, be sure to confirm how long they will speak. Remember: Official duties may call them away (e.g., a fire!), so you need to be prepared with plan B.
  - Plan B is for the den leader or another parent to lead the discussion of what the place is and tour it (within the limits of your permission) and why the place is an important place.
- ► **Achievement 9d** and **e** (safety rules):
  - Achievement 9d ("Practice good rules of street and road safety."): Discuss good rules of street safety and road safety. Go ahead and practice at your field trip location.
  - **Achievement 9e** ("Know the rules of bike safety."): Discuss the rules of bike safety.
  - Assignment: Boys should practice the rules of road safety before the next meeting and have a family member sign off in their handbook.

# Introduce the concept of home safety in preparation for your Cub Scouts completing **Achievement 9b** and c at home (home safety rules):

- Achievement 9b ("With an adult, check your home for hazards and know how to make your home safe."), and 9c ("With an adult, check your home for danger from fire.")
- You can start in your den meeting location and make a list of things that should be maintained or changed to keep everyone safe. The adult can make the list as the Cubs point out safety items.
- The *Wolf Handbook* specifically mentions several items at pages 83–84, such as knowing where the water shutoff and circuit breaker box are. Check the gas shutoff, too, if you have natural gas service.
- Basic safety information makes a big difference in an emergency. Do you know where the
  fire extinguishers are at your workplace? At your den and pack meeting places? Help your
  Cubs by pointing out emergency exits and fire extinguishers on field trips.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

#### ► Home Assignments:

- Ask parents to help Cub Scouts complete Achievements 9b, 9c, 9d; and 4b, 4c, and 4d. Ask them to help Cub Scouts find articles for Achievement 7e to share at the next den meeting.
- Boys should practice the rules of bike safety before the next meeting (9e) and have a family member sign off in their handbook. Hand out the bike safety quiz at the end of this meeting plan as a resource to help teach Scouts and parents.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





**Bike Safety Quiz**A bicycle is not a toy . . . it is a vehicle and *you are the driver!*Learn to share the road and *Ride Safely*.

1.	Answer:
2.	Name three safe bike riding practices:  Answers:
3.	What kinds of things should you check before you begin to ride?  Answer:
4.	Where do most bicycle crashes occur?  Answer:
5.	When riding your bike, it is important to stay alert at all times. Name three road hazards you should watch out for:  Answers:
6.	Is it OK to ride a bicycle while listening to audio headphones?  Answer:
7.	What is the most serious type of injury for cyclists?  Answer:
8.	Always be a courteous cyclist. Remember, who has the right of way? Cyclists or pedestrians?  Answer:
9.	How do you finish this sentence? Be Safe, Be! Sore <u>or</u> Seen?  Answer:!
10.	Always go with the flow of traffic, and stay to which side of the road?  Answer:
11.	Before entering a roadway, you should look which ways for traffic?  Answer:
12.	Where do you always need to check before changing lanes?  Answer:
13.	Your bicycle helmet should cover your what?  Answer:
14.	Your bicycle helmet should fit how?  Answer:
15.	When making a turn, what do you do for others?



# **Bike Safety Quiz Answers**

A bicycle is not a toy . . . it is a vehicle and *you are the driver!* Learn to share the road and *Ride Safely*.

1. Are there any times when you don't need to wear a helmet when riding a bike?

Answer: No, you should wear a helmet every time you get on any bike.

#### 2. Name three safe bike riding practices:

Answers include:

- a. Ride single file.
- b. Obey traffic signs, signals, and lane markings.
- c. Always ride on the right side of the road, with traffic.
- d. Signal your moves to others.
- e. Check for traffic at an intersection.
- f. Stay alert at all times; slow down at driveways.
- g. \_\_\_\_\_

#### 3. What kinds of things should you check before you begin to ride?

Answers:

- a. Inflate your tires properly.
- b. Check your brakes before riding.
- c. Always wear bright colors.
- d. Make sure you're not wearing clothes that can get caught in your bike.
- e. Carry your books and other possessions in a bicycle carrier or backpack.

#### 4. Where do most bicycle crashes occur?

Answer: At intersections, including driveways.

5. When riding your bike, it is important to stay alert at all times. Name three road hazards you should watch out for.

Answers: Potholes, wet leaves, storm grates, cracks, gravel, broken glass or trash, water or oil, parked cars (doors flying open), \_\_\_\_\_

6. Is it OK to ride a bicycle while listening to audio headphones?

Answer: No.

7. What is the most serious type of injury for cyclists?

Answer: Head injuries.

8. Always be a courteous cyclist. Remember, who has the right of way? Cyclists or pedestrians?

Answer: Pedestrians.

9. How do you finish this sentence? Be Safe, Be \_\_\_\_\_! Sore or Seen?

Answer: Be Safe, Be Seen!

10. Always go with the flow of traffic, and stay to which side of the road?

Answer: The right side of the road.

11. Before entering a roadway, you should look which ways for traffic?

Answer: Left-right-left.

12. Where do you always need to check before changing lanes?

Answer: Beside you, in front of you, and behind you!

13. Your bicycle helmet should cover your what?

Answer: Forehead and the top of your head.

14. Your bicycle helmet should fit how?

Answer: Snugly, all straps snug and attached.

15. When making a turn, what do you do for others?

Answer: Signal your turn; show right and left turn signals.







# **Wolf Den Meeting 6**

Know Your Home and Community, Make a Gift, and Sing-Along Achievement 4. Elective 9b. Elective 11a.

# **Preparation and Materials Needed**

- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Bring the photographs of the boys that were taken at the first den meeting.
  - Picture frames to be decorated
  - Paint and brushes or other materials to decorate the frames
  - Smocks (or old shirts large enough to fit over the boys) to protect the uniforms from paint
  - Index cards (for important phone numbers)
  - Prepare permission slips for a field trip to a fire station or other important place for Meeting 6.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (2f). Options include:
  - Gather in a line, circle, or square: Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

- ► Verify: Achievement 9b–9d based on boys' handbooks.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ➤ You might want to do two or more of these as stations, and rotate pairs of kids through them. Boys and their families will have worked on these at home, but this is a chance for the boys to practice.
- ► Achievement 4a ("Make a list of phone numbers you need in case of an emergency. Put a copy of this list by each phone or in a central place in your home. Update it often.") Check for:
  - Police
  - · Sheriff
  - · Fire department
  - Doctor
  - Ambulance service
  - Adult family member(s) at work
  - Relatives
  - · Neighbors
  - Others
  - Consider having them keep some numbers (family home, work, cell numbers) on a card they keep with them if they have not memorized those numbers. Use the index cards you brought.
- ▶ Achievement 4b ("Tell what to do if someone comes to the door and wants to come in."):
  - Using another adult leader, have each Scout practice that.
  - But do not replicate a horror movie. Just be normal and encourage normal response.



- ► **Achievement 4c** ("Tell what to do if someone calls on the phone."):
  - Similarly, have each Scout practice that on a real phone (have another leader call in—if you
    have a speakerphone feature, use it!). If needed, use a fake or disconnected old phone.
  - You can practice leaving messages (and if you're using a real phone, listen to them and praise the good messages).
  - Teach them appropriate phrases to use when someone is not at home, in the bathroom, or taking a shower, like "I'm sorry, they are not available at this minute. Can I take a message?"
- ► Achievement 4d ("When you and your family leave home, remember to . . . (Turn off lights, close/lock windows, turn off water, take care of pets, have the key, lock all doors)."):
  - Wherever you're meeting, have each Scout *practice* that, too.
  - Have them explain what happens if you don't do one of these. Do they know how to lock windows? How to lock doors? Try it in your den meeting place.
  - Repeat this as the "last thing you do" at the end of the closing today and each meeting.

#### Want More Fun Activities?

This meeting may need a dose of Feats of Skill or games for active fun!

- ▶ Be ready, if you sense it is dragging, to pull out a quick game or quick set of "Feats of Skill."
- ▶ Other Suggestions: Pick a game or relay from another portion of this guide, like Crows and Cranes, or Balloon Battle Royale, or Dizzy Izzy, or any game they like.
- ► Elective 9b-c ("Make a gift or toy like one of these and give it to someone.") More than one gift may be made for elective credit:
  - Have each boy (wearing a smock) decorate a picture frame and insert the photo of himself that was taken at the first den meeting of the year. Save these for Den Meeting 7.
- ▶ Elective 11a ("Learn and sing the first and last verses of 'America."")

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.
- ► Home Assignment: Ask parents to help their sons complete Achievement 4e: Family Assignment: With their families, make a list of household jobs that the Scouts will do for one month.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





Achievement 4e: Talk with your family members. Agree on the household jobs you will be responsible for. Make a list of your jobs and mark off when you have finished them. Do this for one month.	Mark your chart each time you do these things.	Chore Sun Mon Tues Wed Thu Fri Sat Sun Mon Tues Wed Thu Fri Sat			
Achievement Make	Mark your chart each time	Chore			



# **Wolf Den Meeting 7**

#### **Your Living World and Tie It Right**

Achievement 7. Achievement 6 Achievement 8. Elective 9b. Elective 17. Character Connection for Respect.

# **Preparation and Materials Needed**

- ► Tip: A field trip to a waste disposal plant, water treatment plant, or recycling center is a fun way to cover **Achievement 7:** Your Living World.
- ► For additional information, you might look at www.epa.gov/kids/, the Environmental Kids Club site at the U.S. Environmental Protection Agency (or do an Internet search for "environmental kids").
- ▶ You should also research your local rules about recycling programs.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Bring litter bags and work gloves for each boy and adult, and hand sanitizer.
  - Provide enough magazines and newspapers so that each Scout who did not find articles at home for Achievement 7e can find three stories about how people are protecting our world.
  - Bring the framed photos made at Den Meeting 5, gift wrap, tape, and markers.
  - Bring lengths of rope to learn how to tie the overhand knot and square knot (compared to string or shoelaces, rope is easier to "see" the knot and "teach" the knot).
  - Stories about "how people are protecting our world." Some places to find stories: Boys' Life, local newspapers, school magazines, National Geographic (including their kids' magazines), publications or Web sites of conservation or environmental organizations (Sierra Club, Nature Conservancy, etc.).
  - Beads for Cub Scout Immediate Recognition Emblems

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader).
- ► Assign parents to meeting roles and hand out a meeting plan to each.
- ► As Scouts enter, have an assistant or another adult ask if they have "three stories that tell how people are protecting our world." If the Scouts don't, provide copies for them to read before the meeting.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square: Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

- ▶ Verify: Achievement 4e (If 30 days have passed since Den Meeting 6. Otherwise, verify at Den Meeting 8.) and Achievement 7e based on the boys' handbooks.
- ▶ Discuss the Good Turn for America
  - The Boy Scouts of America's Good Turn traces back to American businessman William D. Boyce in 1910. He was lost in a London fog. A boy offered to take Boyce to the address he wanted and refused a tip, saying he was a Boy Scout. Boyce's curiosity was aroused. He later had the boy take him to Scouting's British founder, Lord Baden-Powell. From this chance meeting, the Boy Scouts of America was born.

# Among many references to the Good Turn in BSA literature is this comment from the *Boy Scout Handbook:* "To people who know about Scouting, the daily Good Turn is one of the finest features of our movement. The record of Good Turns, small and large, that have been done by Scouts since the day Scouting was founded is truly impressive."

- Good Turn for America is a national call to service by the Boy Scouts of America to help provide adequate food and shelter and to develop good health habits in the nation.
- To address these issues, the BSA is collaborating with some of the most respected service organizations working in each of these areas.
- More at www.goodturnforamerica.org
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

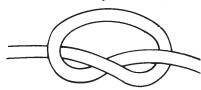
- ▶ Discuss **Achievements 7a, 7b, 7c, 7e,** and **7f**.
  - Some of these you might want to complete as breaks during the cleanup project later in the meeting.
- ► Achievement 7a ("Complete the Character Connection for Respect."):
  - **Know:** Discuss these questions with your family: What things have people done to show a lack of respect to our world? Why is it important to respect our environment and natural resources? How can you show respect for your environment?
  - Commit: Discuss with your family how you feel when you see places in your neighborhood that have lots of litter. Name one thing you can do to help the environment. "
  - Practice: Practice being respectful while doing the requirements for "Your Living World."
- ► Achievement 7b ("Land, air, and water can get dirty. Discuss with your family ways this can happen.")
- ► Achievement 7c ("It takes a lot of energy to make glass, cans, and paper products. You can help save energy by collecting these items for use again. Find out how recycling is done where you live. Find out what items you can recycle.")
- ► Achievement 7e ("With an adult, find three stories that tell how people are protecting our world. Read and discuss them together.")
  - Have each boy tell about the three stories he found on how people are protecting our world.
- ► Achievement 7f ("Besides recycling, there are other ways to save energy. List three ways you can save energy, and do them.")
- ► Achievement 7d ("With an adult, pick up litter in your neighborhood. Wear gloves to protect your hands against germs and cuts from sharp objects.")
  - Go outdoors to pick up litter around your meeting place.
  - Be sure to separate recyclable stuff.
  - Hints: Find a way to make it fun:
    - A contest (divide the den to award by volume or number of items, or number of recyclables, or something),
    - Or a scavenger hunt (check out the area to create your list of things they could find),
    - Or do a full cleanup treasure hunt (see Tiger Den Meeting 16).
  - Use breaks to allow for rest and to conduct or complete the **Achievement 7a**, **7b**, **7c**, and **7e** discussions. (They may have thought of new things while doing the cleanup!) See above.
  - Wash hands and/or use hand sanitizer when complete.
- ► Elective 9b-c ("Make a gift or toy like one of these and give it to someone"):
  - Wearing smocks, have each boy decorate the picture frame created in Den Meeting 6, then wrap it and tie it with string (to complete **Elective 17b** and **c**).







- ▶ Do Electives 17a, 17b, and 17c: (Learn two knots and how to tie a package.)
  - 17a ("Learn to tie an overhand knot and a square knot.")



- The overhand knot can be used temporarily but unties very easily if tied around something.
- The overhand knot can be used as a stopper knot and can keep a rope from fraying or unraveling.
- To tie an overhand knot: Make a loop in your rope and put an end of the rope through it.



- The square knot is also known as the joining knot because it can join two ropes together
  and because it is the first knot Scouts learn when they join the BSA. It has many uses,
  from securing bundles, packages, and the sails of ships to tying the ends of bandages.
- To tie a square knot: Hold one rope end in each hand.
  - Pass the right end over and under the rope in your left hand . . . and pull it snug (now you're holding that end with your left hand, and you've switched the other to your right).
  - Next, pass that same end of the rope (the one that is now in your left hand) over and under the one that is now in your right hand . . . and pull it tightly snug.
  - Remember: right over left, left over right.
  - Note: http://meritbadge.org/wiki/index.php/Knots includes animation to show you how.
- Elective 17b ("Tie your shoelaces with a square bow knot.")
- Elective 17c ("Wrap and tie a package so that it is neat and tight.")
  - Have the boys wrap the framed photos made at Den Meeting 5, take them home, and give them to their parents as gifts.
- *Note:* Electives 17b and 17c can be completed as part of Electives 9b and 9c.

# Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

#### **▶ Home Assignments:**

- Remind boys that their list of household chores completed is due at the next den meeting (Achievement 4e).
- Boys are to begin a collection starting with 10 items and arranging them neatly (Achievement 6b). Start by collecting 10 things and arranging them neatly. Each boy is to bring his collection to the next den meeting to show the den. (Option: you can spread this out so everyone has more time to show and tell about their collection.)
- Ask the parents to have the boys complete **Achievements 8c-e** (Cooking and Eating) at home.

Boys who have attended all den meetings and completed home assignments will now qualify for the Cub Scout Immediate Recognition Emblem and their first yellow Progress Toward Ranks bead (for completing **Achievements 1, 3,** and **9**). These should be presented at the den meeting.

Explain to the boys that every time they complete three achievements, they receive a yellow bead. After they earn four yellow beads, then they will have earned their Wolf badge.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.







# **Wolf Den Meeting 8**

# **Cooking and Eating and Start a Collection**

Achievement 8. Achievement 6.

# **Preparation and Materials Needed**

- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Bring a U.S. flag and the den flag, and enough paper and pencils for each boy.
  - Bring "Food Pyramid" handouts. Go to www.mypyramid.gov to check that out.
- ➤ You can create personal pyramids at www.mypyramid.gov/mypyramid/index.aspx, tailored to your size, age, and activity level. Access to a computer with Internet access in this meeting would be an excellent way to research this with Scouts.
  - Bringing samples of food in each food group would also be a great idea and a good snack.
     For example, whole grain bread and crackers, some broccoli and carrots, fresh fruit of your choice, a variety of nuts (check for allergies), milk and cheese, hard boiled eggs. And water.
  - If you're doing a field trip, prepare permission slips for the field trip at Den Meeting 9.
  - Beads for Cub Scout Immediate Recognition Emblems

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader), especially check handbooks for completion of Achievements 8c, 8d, and 8e.
- ► Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

- ► Verify Achievement 4e and Achievement 8c–e using the boys' handbooks. Collect from each Cub Scout a list of household chores he has completed in the last month.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

- ▶ **Achievement 8a:** ("Study the Food Guide Pyramid. Name some foods from each of the food groups shown in the pyramid.") See page 79 of the *Wolf Handbook*.
  - Discuss the Food Guide Pyramid. Name foods from each of the food groups shown there: grains, vegetables, fruits, fats/sugar/salt (sodium), milk, protein (meat/beans).
    - You could conduct it as "Food Pyramid Scholar Bowl Quiz Show":
      - Split the den into two teams. Pick a food group, and ask each team to name something that is in that group. Alternate between teams, keeping score.
      - Or give them a food and have them determine which group(s) it is in.
  - Ideally, as you discuss each one, you snack on something from each of the food groups!
  - Also, you can ask them to identify the food groups in common meals, like macaroni and cheese, pizza, tacos, hamburgers, peanut butter and jelly sandwich, or breakfast cereal.

# Achievement 8b ("Plan the meals you and your family should have for one day. List things your family should have from the food groups shown in the food group pyramid. At each meal, you should have foods from at least three food groups.")

- These can be take-home plans for family cooking, but if you will be doing a pack campout or other outing, and cooking or eating at it, you can make that menu planning part of this meeting!
- Or use it for snack planning for the rest of the year to cut down on poor snack offerings!
- ► Achievement 6a: Complete the Character Connection for Positive Attitude.
  - **Know:** Discuss with your family how a cheerful and positive attitude will help you do your best at school and in other areas of your life.
  - **Commit:** Discuss with your family how gathering items for a collection may be difficult. How does a hopeful and cheerful attitude help you to keep looking for more items? Why is a positive attitude important?
  - Practice: Practice having a positive attitude while doing Achievement 6: Start a Collection.
- ▶ Achievement 6c ("Show and explain your collection to another person."):
  - Have each boy bring his collection to the den meeting and show his collection to the den.

#### **Want More Fun Activities?**

This meeting may need a dose of Feats of Skill or games for active fun!

Be ready, if you sense it is dragging, to pull out a quick game or quick set of Feats of Skill.

Other Suggestions: Pick a game or relay from any of those provided throughout this guide.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ▶ Hand out permission slips for a field trip to a hardware store/lumberyard if you're doing a field trip.
- ► Hand out or send family information letter.

Boys who have attended all den meetings and completed home assignments now qualify for their second yellow Progress Toward Ranks bead (for completing **Achievements 4, 6,** and **7**).

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Wolf Den Meeting 9**

**Tools for Fixing and Building** 

Achievement 5.

Power tools are not appropriate for use by Cub Scouts, review the use of age-appropriate tools for Cub Scouts in the *Cub Scout Leader How-To Book* and Age-Appropriate Guidelines for Scouting.

# **Preparation and Materials Needed**

- ► For Den Meeting 9, make arrangements for a field trip to your local hardware store or lumberyard or local woodworker (your pack may have ideas about who has safe woodworking tools; chartered organization maintenance or facilities personnel may be willing to assist).
  - Discuss **Achievement 5** requirements with the staff, ask for help from the staff when you visit.
  - Determine if the store will permit the boys to build bookends (or a birdhouse (see Meeting 10) or other suitable alternative wood project) at the store, and if there is adequate space to conduct such activity safely. If the store manager grants permission, then bring wood for the project and enough hammers, saws, nails, and safety glasses for each boy.
  - Power tools are not appropriate for use by Cub Scouts. Review the use of age-appropriate tools for Cub Scouts in the Cub Scout Leader How-To Book and Age-Appropriate Guidelines for Scouting activities (www.scouting.org/HealthandSafety/Resources/AgeAppropriateGuidelines).
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Seven or more tools. Must have pliers, Philips head screwdriver, standard screwdriver, and hammer. Lightweight hammers are a very good idea (many second-graders cannot swing a 16-oz. hammer accurately).
  - Both Philips head and standard screws, and nails
  - Boards for nailing and screws (and removal of nails and screws)
  - Boards or kits to make something useful (For example, birdhouse, bookends or a suitable alternative wood project. A pinewood derby car is useful, right?)
  - Safety glasses and first-aid kit

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Use the store's employees to participate (they may help you get a good temporary flagpole).
  - Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

▶ Use this time to discuss participation in coming pack meetings or pack events, as needed.



#### **Activities**

- ► **Achievement 5**: Tools for Fixing and Building (page 64):
- ► Achievement 5a ("Point out and name seven tools. Tell what each tool does.") Have these laid out on a workbench, so they aren't confused with everything else on the wall or in the toolbox. Put out seven or eight common tools. A few odd tools can add to the fun and interest.
- ► **Achievement 5b** ("Show how to use pliers.")
- ▶ Achievement 5c ("Identify a Philips head and a standard/slotted screw. Then use the right tool to drive and then remove one from a board.") Have boards and screws ready, one setup for each Cub. Show how to put soap on a screw to make it easier to drive. If they are having trouble turning them, go ahead and drill pilot holes for the screws.
- ▶ Achievement 5d ("Show how to use a hammer.") Start five or six nails into a board, then let the kids pound them in and extract them. Wear safety glasses, and explain why (chance of flying shards of metal from the nails). Choose shorter or heavier nails because they are less likely to bend and frustrate the kids. Or choose the same nails that will be used in your project.
- ► Achievement 5e ("Make a birdhouse, a set of bookends, or something else useful.")
  - For these steps, be sure to put any available adults to use here.
    - Can arrange for all to watch each element at the same time, and try it out in sequence, or if you have enough tools and adults, go station to station for the name tools, use pliers, drive and remove screws, use a hammer parts.
    - Then have enough time to make a set of bookends (or suitable alternative wood project).

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.
- ► Home Assignment: Ask parents to help Cub Scouts complete Achievement 10: Family Fun and Achievement 11: Duty to God, at home. Also ask families to find a book about birds for their Cub Scout to read before the next den meeting (Elective 13c).

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.







# **Wolf Den Meeting 10**

#### Birds

Elective 13. Achievement 10. Achievement 11. Character Connection for Cooperation. Character Connection for Faith.

# **Preparation and Materials Needed**

- ► For Den Meeting 10, bring a bird-watching chart (see Wolf Den Meeting 10) for each boy, and a book about birds with lots of drawings (ask your public librarian for assistance in identifying a suitable book for second-graders).
- ▶ Determine if any of the boys is allergic to peanuts. If no one is allergic to peanuts, then prepare materials for a pinecone bird feeder (one large pinecone per boy, string, jar of peanut butter, birdseed, an 8-by-8-inch cake pan, plastic knives, newspaper to cover the work table, a smock for each boy and adult, and quart-size plastic zipper bags labeled with the name of each boy to hold each completed pinecone bird feeder). Research on the Internet instructions for pinecone bird feeders; instructions are readily available online.
  - If peanut allergies are a problem, then make a bird feeder as shown in the Wolf Handbook, page 176, or make one from a recyclable plastic milk jug or two-liter soda bottle.
- ▶ Make up or purchase a birdhouse kit for each boy.
- ▶ Gather some books about birds for loan to boys who do not complete **Elective 13c** at home.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader), especially check handbooks for completion of **Achievements 10** and **11** (home assignments).
- ► Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the
    ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the
    Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items:**

- Verify completion of Achievements 10a-g and 11a-d and Elective 13c using the boys' handbooks.
- ▶ Elective 13c ("Read a book about birds.") (home assignment):
  - A family member should sign off in the boy's handbook when the requirement is completed.
  - But go ahead and have boys share information that they learned from reading a book about birds.
- Use this time to discuss participation in coming pack meetings or events, as needed.

- ► Elective 13a ("Make a list of all the birds you saw in a week and tell where you saw them (field, forest, marsh, yard, or park).")
  - Go outside now for a hike and to see what birds you can see (or hear, or find evidence of)
    outside your meeting area as you do these next activities.
  - Consider fun ways to do this. For example, don't just say "Let's go watch birds," but make it a bird safari, and channel your best Animal Planet sense of wonder and danger.
  - Or sing a bird song.



- ► Elective 13d ("Point out 10 different kinds of birds (five may be from pictures)."):
  - Show the bird pictures on page 174 of the *Wolf Handbook* and ask the boys which of those they have seen. Ask boys to name at least two more species they have seen.
- ► Elective 13a ("Make a list of all the birds you saw in a week and tell where you saw them (field, forest, marsh, yard, or park)."):
  - Distribute a bird-watching chart (at the end of this den meeting plan) to each boy (modify the chart as needed to include local birds), to be completed and returned at the next meeting.
- ► Return inside if you like, and do **Elective 13e** ("Feed wild birds and tell which birds you fed.") by making pinecone bird feeders.
  - Have each person put on a smock. Cover the work table with newspaper.
  - Each boy receives a pinecone and a dull knife.
  - Place two or three bowls of peanut butter on the table.
  - Using the dull knife, each boy spreads peanut butter all over the pinecone.
  - Put birdseed into an 8-by-8-inch pan and roll each peanut butter-coated pinecone in the birdseed.
  - Place each completed bird feeder into a labeled plastic zipper bag.
  - Wash hands. Remove smocks.
  - Remind the boys to hang the bird feeders from a tree or bush when they get home, or do it at the meeting site if you like.
- ► Elective 13f ("Put out a birdhouse and tell which birds use it."):
  - Ask the boys to assemble the birdhouse at home and put it out in their yard or neighborhood and record which birds use it.
  - Ask family members to sign their handbook after they observe which birds use it.
- ▶ **Achievement 10a:** Complete the Character Connection for Cooperation.
  - **Know:** Discuss these questions with your family: What is "cooperation"? Why do people need to cooperate when they are doing things together? Name some ways that you can be helpful and cooperate with others.
  - **Commit:** Discuss with your family what makes it hard to cooperate. How do listening, sharing, and persuading help us cooperate?
  - **Practice:** Practice being cooperative while doing the requirements for Family Fun.
- ► Achievement 10b: Make a game like one of these. Play it with your family. (Eagle Golf, Beanbag Archery.)
- ► Achievement 10c: Plan a walk. Go to a park or a wooded area, or visit a zoo or museum with your family.
- ▶ Achievement 10d: Read a book or *Boys' Life* magazine with your family. Take turns reading aloud.
- ► Achievement 10e: Decide with Akela what you will watch on television or listen to on the radio.
- ▶ **Achievement 10f:** Attend a concert, a play, or other live program with your family.
- ▶ **Achievement 10g:** Have a family Board Game night at home with members of your family.

#### Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.
- ► Home Assignment: Ask family members to help put out the birdhouse and observe which birds use it (Elective 13f). Fill out the bird-sighting chart (Elective 13a) to do so.

Boys who have attended all den meetings and completed required home assignments will now qualify for a third yellow Progress Toward Ranks bead to be placed on their Cub Scout Immediate Recognition Emblem (for completing **Achievements 5, 8,** and **10**).

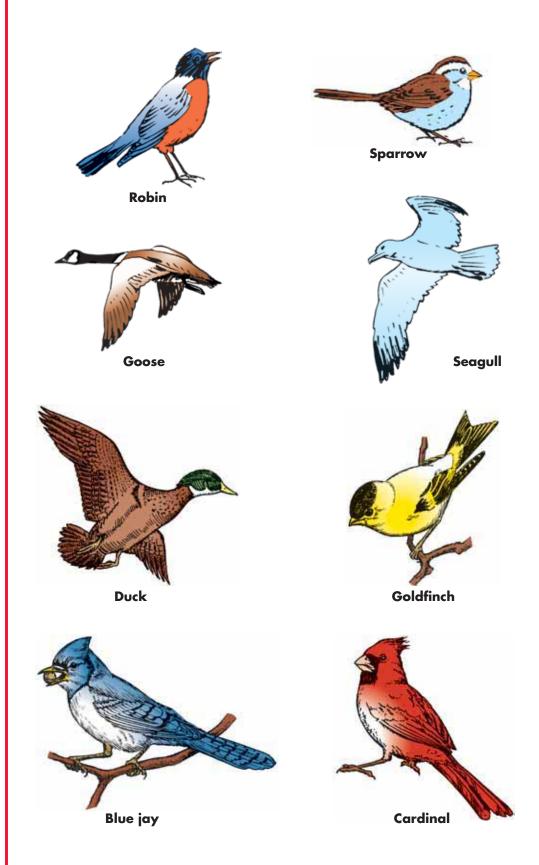






# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# Wolf Cub Scouts Elective 13a: Bird-Sighting Chart

Type of bird	Location	Number of sightings
Cardinal		
Robin		
Sparrow		
Goose		

Please bring your completed sheet to the next meeting on \_\_\_\_\_.

Type of bird	Location	Number of sightings
Duck		
Goldfinch		
Blue jay		
Seagull		

Remember to "do your best" to correctly record your information.

Type of bird	Location	Number of sightings





# **Wolf Den Meeting 11**

# **Making Choices**

Achievement 12.

# **Preparation and Materials Needed**

- ► For Den Meeting 11, remind boys to bring their *Wolf Handbook*.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Boys will need their handbooks.
  - If you want to do this as puppet theater, you'll need to bring paper lunch bags, markers or crayons, glue, string. Could bring felt pieces, buttons, stickers.
- ▶ *Note:* You can also do some of these Making Choices discussions in earlier meetings and space it out over the year.

# **Before the Meeting**

► Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader), especially collect bird-watching charts from the previous meeting (Elective 13a).
- ► Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

- ▶ Use this time to discuss participation in coming pack meetings or pack events, as needed.
- ▶ **Verify:** Check completion of **Elective 13f** by checking the boys' handbooks.

#### **Activities**

- ► Achievement 12a: Complete the Character Connection for Courage.
  - **Know:** Discuss with your family what courage is. Review the requirements and discuss how you might need courage in each one to do what is right.
  - Commit: Give some examples of when it is hard to do the right thing. Discuss with your family times that it might take courage to be honest and kind. Tell about a time in your life when you needed to be brave and courageous to do the right thing.
  - **Practice:** Practice learning about courage while doing the requirements for Making Choices. With family members, act out the choices you would make for some of the requirements.

#### **Want More Fun Activities?**

This meeting is all talk, so, consider how to be active:

- Option: you can do the acting out with puppets, and have this be a puppet theater day. Make simple paper lunch bag hand puppets with markers/crayons, and string and glue. But be sure that after the theater, everyone discusses the issues seriously.
- ▶ Also, there is nothing wrong with mixing up the Making Choices discussion with some activity, like an obstacle course or game segment. (Complete a section of the course or game, then discuss. Repeat.)

#### Discuss the following scenarios and have the boys act out the choices they would make for each. Cover as many of the following as time permits, but at least four, allowing each boy to complete at least one.

- Achievement 12b: There is an older boy who hangs around Jason's school. He tries to give drugs to the children. What would you do if you were Jason?
- Achievement 12c: Lee is home alone. The phone rings. When Lee answers, a stranger asks if Lee's mother is home. She is not. Lee is alone. What would you do if you were Lee?
- Achievement 12d: Justin is new to your school. He has braces on his legs and walks with a limp. Some of the kids at school tease him. They want you to tease him, too. What would you do?
- Achievement 12e: Juan is on a walk with his little sister. A car stops and a man asks them to come over to the car. What would you do if you were Juan?
- Achievement 12f: Matthew's grandmother gives him money to buy an ice cream cone. On the way to the store, a bigger boy asks for money and threatens to hit Matthew if he does not give him some money. If you were Matthew, what would you do?
- Achievement 12g: Chris and his little brother are home alone in the afternoon. A woman knocks on the door and says she wants to read the meter. She is not wearing a uniform. What would you do if you were Chris?
- Achievement 12h: Sam is home alone. He looks out the window and sees a man trying to break into a neighbor's back door. What would you do if you were Sam?
- Achievement 12i: Mr. Palmer is blind. He has a guide dog. As he is crossing the street, some kids whistle and call to the dog. They want you and your friends to call the dog, too. What would you do?
- Achievement 12j: Some kids who go to Bob's school want him to steal candy and gum from a store, which they can share later. Bob knows this is wrong, but he wants to be popular with these kids. What would you do if you were Bob?
- Achievement 12k: Paul and his little sister are playing outdoors. A very friendly, elderly woman stops and watches the children for a while. Paul doesn't know the woman. She starts to talk to them and offers to take Paul's little sister on a walk around the block. What would you do?

# Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.
- ► Home Assignment: Ask family members to discuss at home four requirements from Achievement 12b-k; the boy's handbook should be signed upon completion.

# After the Meeting

- ► If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Wolf Den Meeting 12**

Visit a Library or Bookstore

Elective 6. Elective 12a.

# **Preparation and Materials Needed**

- ▶ Make arrangements for a field trip to a local public library or bookstore willing to host your meeting. If transport is an issue, consider also a local school's library. Otherwise, can complete **Elective 6b** and **6c** in the home or at the home of a parent who is into books and has a good collection of suitable books.
- ▶ Request permission to use a meeting room at the library or bookstore for snacks and to complete additional requirements while at the location, including the "Be an Artist" project. If applicable, submit a local Tour Permit Application to your council service center two weeks before the event (form found at www.scouting.org/CubScouts/Leaders/Forms.aspx). Arrange transportation.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Brown paper bags (or brown wrapping paper) cut to size to make book covers, colored markers, tape.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

# **Opening**

- ▶ Using the U.S. flag at the library, if applicable, or another flag (you may need to supply one if the location does not have one), conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square:
    - Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a).
    - Cub Scout Promise or Law of the Pack.
    - Lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

- ▶ Do these when it makes sense based on your field trip schedule (could be after the "field trip" part):
  - **Verify Achievement 12a–k** using the boys' handbooks (see Meeting Plan 11).
  - Use this time to discuss participation in coming pack meetings or events, as needed.

- ▶ Elective 6: "Books, Books, Books":
  - a. "Visit a bookstore or go to a public library with an adult. Find out how to get your own library card. Name four kinds of books that interest you (for example, history, science fiction, how-to books)."
  - b. "Choose a book on a subject you like and read it. With an adult, discuss what you read and what you think about it."
  - c. "Books are important. Show that you know how to take care of them. Open a new book the right way. Make a paper or plastic cover for it or another book."
    - If you've been able to arrange a tour at the library or bookstore, be sure to confirm how long they will speak, and let them know the requirements if they are to lead those

- portions of the meeting. Remember that official duties may call them away, so you need to be prepared with plan B.
- Ideally, a librarian or bookstore representative can conduct most of this (they may not lead the "make a cover" portion) if you prepare them for the requirement.
- Otherwise, the den leader or a parent interested in books can conduct this discussion.
- If at a library and Scouts don't have library cards, go ahead and have them apply for the card.
- ▶ If you have space to conduct this activity, do **Elective 12a** ("Make a freehand sketch of a person, place, or thing") as part of **Elective 6c** ("... Make a paper or plastic cover for it or another book"):
  - Using brown paper grocery bags and markers, have the Scouts make book covers for their Wolf Handbooks and made a freehand drawing on the book cover. To do that:
    - 1. Cut the brown paper shopping bags, and remove the flap formed by the bottom of the bag so you have one large sheet of brown paper. Cut a piece long enough to cover the front, back, and spine of the book with at least three inches of overlap at either end.
    - 2. Place the book in the center of the paper.
    - 3. Wrap the paper up across the bottom of the book and make a crease along the bottom cover.
    - 4. Repeat step 3 for the top of the book.
    - 5. Remove the book from the paper.
    - 6. Fold the paper up at the bottom crease and down at the top crease. You should have a strip of paper big enough to cover the book from top to bottom.
    - 7. Place the book back in the center of the paper. Wrap the paper across the front of the book from left to right and adjust the book position until the two ends of the paper are even.
    - 8. Fold the overlap around the front cover of the book and make a crease. Then insert the front cover of the book into the slot created by the paper folded over at the top and the bottom. Slide the paper down over the book until you hit the crease.
    - 9. Repeat step 8 for the back cover of the book.
    - 10. If the cover fits snugly, you can stop. If it seems a little loose or the top and bottom folds are not lying flat, use small pieces of tape to pull the front and the inside flap together a little more securely. Do not tape the paper cover to the actual cover of the book; the paper cover will move a little when the book opens, and you could damage the book cover.
    - 11. Using markers, have the Scouts decorate the book covers with a freehand sketch of a person, place, or thing.

# Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag) or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

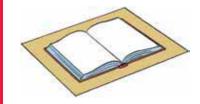
# After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# **Den Meeting 12**



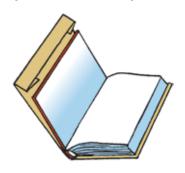
Cut paper 3 inches bigger than the book.



Fold the top, bottom, and right sides.



Slip the book cover into the right-side fold. Make a fold for the front cover. Open the book and slip the front cover into the fold.







# **Wolf Den Meeting 13**

#### **Pets**

Elective 14.

# **Preparation and Materials Needed**

- ▶ If possible, invite a veterinarian or other person with knowledge of pets (could be a community animal control officer or similar official, a pet groomer, or a parent with an interest in pets) to discuss pets and **Elective 14b** and **14d** with the Scouts. If none of the Scouts are allergic to animals (or if you make arrangements to deal with any allergies), perhaps the guest could bring a pet to the meeting.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - A suitable book about pets, such as The Market Square Dog by James Herriot (ISBN 0-312-06567-1).

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out meeting plan to each.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square:
    - Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a)
    - Cub Scout Promise or Law of the Pack
    - · lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

▶ Use this time to discuss participation in coming pack meetings or events, as needed.

- ► Elective 14: Pets:
  - Elective 14b ("Know what to do when you meet a strange dog.")
  - Elective 14c ("Read a book about a pet and tell about it at a den meeting.")
  - Elective 14d ("Tell what is meant by rabid. Name some animals that can have rabies. Tell what you should do if you see a dog or wild animal that is behaving strangely. Tell what you should do if you find a dead animal.")
    - If you've been able to arrange a guest, be sure to confirm how long they will speak about their job or interest, and let them know the requirements if they are to lead those portions of the meeting.
    - Ideally, the guest can conduct most of the requirements discussion (they may or may not lead the "tell about a book" portion) if you prepare them for the requirement.
    - Otherwise, the den leader or a parent interested in pets can conduct this discussion.
- ▶ If Scouts have not read a book about a pet, do **Elective 14c** together ("Read a book about a pet and tell about it at a den meeting."):
  - -Read a book about pets as a den.
  - —Starting with the denner, have each boy read two pages and pass the book to the next boy.
- ► For fun, sing the song "Rags," found in the *Cub Scout Songbook*.

#### **Want More Fun Activities?**

With sufficient parental assistance, make this a show-and-tell pet day:

- ► Have Scouts (or selected Scouts) and parents bring their pets (under control/restraint) to this meeting.
- ▶ Be sure to confirm in advance who will come, and with what pet, and how they will be controlled, so you don't have conflict between pets. You may want to schedule a rotation of pets.
- ► Have Scouts present their pets: what it is, its name, how long it has lived with the family, where it lives in the wild (if applicable), what it eats, what it does during the day, how much it sleeps, etc. The Scout should describe how they take care of them (this will satisfy **Elective 14a**, "Take care of a pet").

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag) or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

# After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Wolf Den Meeting 14**

**American Indian Lore** 

Elective 10.

# **Preparation and Materials Needed**

- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Bring a short book on American Indian lore with lots of drawings (ask your public librarian for assistance in identifying a suitable book for second-graders).
  - Bring brown paper sacks, scissors for each boy, and markers. Each boy will cut a vest, fringe it, and decorate it with markers. Alternate craft: Drums (coffee or paint cans, chamois or vinyl cloth, string or thong, sticks, cotton ball and string).
  - Alternate to this for the "non-crafty": Drop the vest/drum, and add **Elective 1** ("It's a Secret"), bringing white paper and milk or lemon juice, plus toothpicks.
  - Bring copies of the lyrics to "She'll Be Coming 'Round the Mountain" (Cub Scout Songbook) for each boy.
  - Beads for Cub Scout Immediate Recognition Emblems

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader).
- ▶ Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

- ► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include:
  - Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.
  - Rotate leadership of flag ceremonies so each boy has a turn at every role (Achievement 2b).

#### **Business Items**

▶ Use this time to discuss participation in coming pack meetings or events, as needed.

- ► Elective 10a ("Read a book or tell a story about American Indians, past or present."):
  - Ask if anyone has read a book about American Indian lore and would like to discuss it.
  - If not, ask if anyone can tell a story about American Indians, past or present.
  - If needed and you have a book, have each boy read two pages (or so) and pass the book to the next boy—pause at optimal intervals to discuss.
  - If needed, make an assignment for each boy to read another book about American Indians to tell about at the next den meeting.
- ► Electives 10c ("Make traditional American Indian clothing.") and 10f ("Learn 12 American Indian word pictures and write a story with them.") (page 159 of the *Wolf Handbook*):
  - Each boy cuts a vest from a brown paper sack, then cuts fringe along the bottom of his woodland vest. Then write a story on the vest, with markers, using Indian word pictures.
  - Have each boy choose an American Indian name (Swift Runner, Peace Maker, etc.).
  - If a vest isn't your thing, they can make a drum with coffee or paint cans, chamois or vinyl cloth, string or thong to tie the cloth on, and drumsticks made of cotton ball and string wrapped around a stick. Decorate as you would the vests.

- ▶ BUT, if you are not crafty and want to drop the vest/drums, you can stay on theme and do Elective 1 ("It's a Secret."):
  - Remind the Scouts that Navajo code talkers were integral to our winning World War Two.
  - Elective 1a ("Use a secret code."): See page 110. Allow them to create their own messages.
  - Elective 1b ("Write to a friend in invisible 'ink."): The ink is milk or lemon juice; use a toothpick as a pen/quill. Write the message on a white paper, and let it dry. Can't be seen . . . unless you put it over or up to a light.
  - Elective 1d ("Use 12 American Indian signs to tell a story."): See page 114. See who can understand some simple messages.
- ► Sing "She'll Be Coming 'Round the Mountain" (*Cub Scout Songbook*).

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.
- ► Home Assignment: Explain the assignment to read a book about American Indians, past or present (Elective 10a), and ask parents to help their boy complete this and Elective 21 at home.

Boys who have attended all den meetings and completed home assignments will qualify for their fourth yellow Progress Toward Ranks bead to be placed on their Cub Scout Immediate Recognition Emblem (for completing **Achievements 2, 11,** and **12**).

These boys have now completed requirements for the Wolf badge, which should be presented at the blue and gold banquet. Or you could present today, and "recognize" at the banquet.

Boys who have attended relevant den meetings and completed home assignments will qualify for a Gold Arrow Point for 10 electives completed: **Electives 9b; 11a; 17a-c; 20g; 20h-j;** and **20k, l, or m.** 

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ▶ Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.





# **Wolf Den Meeting 15**

#### **Marbles**

Elective 4. Marbles Belt Loop.

# **Preparation and Materials Needed**

- Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Marbles for each boy. At least five glass bottles to play Marbles Sharpshooter.
  - Research on the Internet ways to play marbles and bring rules you find.
  - A street map of the local area, and one or more compasses.
  - Belt loops and Arrow Points to provide immediate recognition for each boy.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include: Gather in a line, circle, or square; Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

- ▶ Verify: Check completion of Achievement 10a and Elective 21 by reviewing the boys' handbooks.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► Elective 4e ("Play a game of marbles.") For example, Marble Sharpshooter (Wolf Handbook, page 128):
  - Each player rolls five marbles towards glass bottle targets.
  - Score ONE point for each marble that rolls between the bottles without hitting a bottle.
- ▶ Marbles belt loop (*Cub Scout Academics and Sports Program*, page 109). Complete requirements 1–3.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting (belt loop).
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out permission slips for the fishing outing and picnic, if you are going somewhere other than your usual meeting place.
- ► Hand out or send family information letter.

# After the Meeting

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.







# **Wolf Den Meeting 16**

**Outdoor Adventure and Fishing** 

Elective 18. Elective 19.

# **Preparation and Materials Needed**

- ► Make arrangements for a den family fishing outing and picnic.
- ► Research your local and state fishing guidelines. Determine whether a fishing license will be required for youth or adults participating in the fishing outing.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Fishing equipment and bait, picnic supplies and equipment, and first-aid kit.
  - Bring a book or chart with pictures of different types of local fish.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ► If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

# **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

▶ Use this time to discuss participation in coming pack meetings or pack events, as needed.

#### **Activities**

- ► Electives 18a ("Help plan and hold a picnic with your family or den.") and 18b ("With an adult, help plan and run a family or den outing."): Have a den family picnic.
- ► Fishing: Electives 19a, 19b, 19c, 19d, 19e, and 19f:
  - 19a ("Identify five different kinds of fish.")
  - 19b ("Rig a pole with the right kind of line and hook. Attach a bobber and sinker, if you need them. The go fishing.")
  - 19c ("Fish with members of your family or an adult. Bait your hook and do your best to catch a fish.")
  - 19d ("Know the rules of safe fishing.")
  - 19e ("Tell about some of the fishing laws where you live.")
  - 19f ("Show how to use a rod and reel.")
- ► Then go fishing with an adult, following the rules for safe fishing and obeying local and state fishing regulations.
- ▶ *Note:* You may not be doing fishing, so adjust if you have picked some other event.
  - Many options, such as kites, games, or other sports.
  - Other Suggestions: Pick a game or relay from another portion of this Guide, or the Cub Scout Leader How-To Book, No. 33832.

# Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers. All boys should now have earned their Cub Scout World Conservation Award.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- Ask parents to sign for any other electives the boy has completed during the year. Remind the boys to bring their handbooks to the next meeting to review and sign off any additional electives they may have completed outside of the den meetings during the year.
- ► Hand out or send family information letter.



# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.



# Supplemental Den Meeting A



# **Wolf Den Meeting A**

**Grow Something and Bird Nests** 

Elective 15. Elective 13.

# **Preparation and Materials Needed**

- ► Encourage Cub Scouts to participate in your pack's summertime activities, such as marching in parades, going to a ball game, having a campfire and marshmallow roast, and participating in Cub Scout day camp. Boys may be able to earn the National Summertime Pack Award pin by participating in events.
- ▶ It is recommended that the den (now a Bear Cub Scout den!) plan an activity or outing at least once a month during the summer so that the den will qualify for the National Den Award. (The National Den Award requirements and application can be found at <a href="https://www.scouting.org/CubScouts/Leaders/Forms.aspx">www.scouting.org/CubScouts/Leaders/Forms.aspx</a>.)
- ▶ Obtain permission to plant flowers or bulbs at your meeting place, school, park, or church.
- ▶ Recruit one or more green-thumb or gardening types to help lead and teach this, if possible.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Garden tools and enough flowers or bulbs and soil amendments so each boy can plant several.
  - Bring bird nesting material (short pieces of yarn, straw, or string), and mesh bags (like three or five pounds of onions/potatoes come in at a grocery store, or make bags out of hardware cloth).
  - Have books available about American Indians for loan to Cub Scouts who did not complete
     Elective 10a at home.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader), especially check handbooks for completion of **Elective 10a**.
- Assign parents to meeting roles and hand out a meeting plan to each. If you're on a field trip, collect permission slips from parents who are not staying.

# **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

▶ Use this time to discuss participation in coming pack meetings or events, as needed.

- ▶ Elective 15b ("Plant and raise a flower bed.") or Elective 15a ("Plant and raise a box garden."):
  - Plant flowers or bulbs on the grounds of your meeting place, school, park, or church.
  - If applicable, assign Scouts and families jobs to return and water as/if needed.
- ► Elective 13b ("Put out nesting material (short pieces of yarn and string) for birds and tell which birds might use it."):
  - Put out the bird nesting material when you go outdoors to plant the flowers or bulbs.
  - Put the nesting material into the mesh bags, and tie them up off the ground.
  - Suggestion: If you put out birdhouses in Meeting 10, you can put nesting material on or near those.
- ▶ Have the boys and adults walk around and pick up trash, and make the area neat and clean.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting A



# Supplemental Den Meeting B



# **Supplemental Wolf Den Meeting B**

**Spare Time Fun** 

Elective 5.

# **Preparation and Materials Needed**

- ► These den meetings can be held in advance of your pack's annual pinewood derby. If you're doing this meeting after your pinewood derby, then find something else fun and interesting to build.
- ▶ Ideally, make arrangements for your den to take a Go See It to a parent's house that has a good (and safe) area for woodworking. A local hardware store may be willing to assist you for this work.
- ▶ *Note:* Power tools are not appropriate for use by Cub Scouts. (See Age-Appropriate Guidelines for Scouting activities at www.scouting.org/HealthandSafety/Resources/AgeAppropriateGuidelines.)
- ▶ Materials checklist (add to your den Cub tub of U.S. and den flags, paper and pencils, other supplies):
  - Pinewood derby car kit for each boy. These can be purchased at your local Scout shop.
  - Saws, hammers, wood rasps, drills, weight inserts (washers, fishing weights or other), sandpaper, paint, decals, smocks. A good scale to weigh the cars is very useful.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

# **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square; Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

- ► Explain the upcoming pinewood derby, what you know of the participation and competition rules, and how you'll go about making the cars today. Outline all safety ground rules for your location and attendees.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

- ► Elective 5 ("Make or put together some kind of model boat, airplane, train, or car."): Build pinewood derby cars with each Scout.
  - It will likely take two or more meetings to make the pinewood derby car.
  - Start by cutting and sanding the block of wood.
  - The den leader may wish to hold all of the wheels and axles until the second meeting. The cars can be painted at the next meeting. Apply decals when the paint is dry.
  - The Cub Scout and adult should make the car together as a project. Don't let the Cub Scout just stand around while the adult cuts and sands and does all the work. Parents should shape with tools, power tools or whatever (let the Scout help as he can on the rasping and sanding), and then direct the rest of the action while showing the boy each step in building a car. Let your Scout work to his ability.
  - Den leaders: Watch carefully, and be sure that adult partners don't get carried away with this project and leave out their Cubs in the process. If this is a risk, you might suggest to your pack that they have an adult division so the adult partners can have a way to participate while allowing their Cub Scouts to really do their own cars.

▶ Watch this meeting carefully, because you'll probably need some breaks. Be sure to mix in brief games and songs (serious or silly) to change the pace of the meeting. Cub Scouts have short attention spans, and you and they will have more fun and focus better if you mix it up.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

#### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting B



# Supplemental Den Meeting C



# **Supplemental Wolf Den Meeting C**

**Spare Time Fun** 

Elective 5.

# **Preparation and Materials Needed**

- ► See Supplemental Wolf Den Meeting B for the details.
- ▶ Ideally, all Cubs have completed the rough assembly of the car kits, and so no sawing or shaping will be needed, but if some need to catch up, you may need all of those materials again for this meeting.
- ▶ Materials checklist (add to your den Cub tub of U.S. and den flags, paper and pencils, other supplies):
  - Pinewood derby car kits in process for each boy.
  - Bring the rules for your derby about how your cars are to be built.
  - Saws, hammers, wood rasps, drills, weight inserts (washers, fishing weights or other), sandpaper, paint, decals, smocks. A good scale to weigh the cars is very useful.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

# **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

- Review the upcoming pinewood derby, what you know of the participation and competition rules, and how you'll go about making the cars today. Outline all safety ground rules for your location and attendees.
- ► This would be a good time for each Cub to show his car in process and describe how he is going to finish the car and complete the design.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

- ► Elective 5 ("Make or put together some kind of model boat, airplane, train, or car."): Build pinewood derby cars with each Scout.
  - Ideally, today is decoration and completion day, so there should be less need for adult partners to make the car, and more opportunity for adult partners to assist and coach the Scouts on their painting, gluing, stickers, and design elements.
  - Den leaders: Watch carefully, and be sure that adult partners don't get carried away with this project and leave out their Cub Scouts in the process. If this is a risk, you might suggest to your pack that they have an adult division so the adult partners can have a way to participate while allowing their Cubs to really do their own cars.
- ▶ Watch this meeting carefully, because you'll probably need some breaks. Be sure to mix in brief games and songs (serious or silly) to change the pace of the meeting. Cub Scouts have short attention spans, and you and they will have more fun and focus better if you mix it up.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting C



# Supplemental Den Meeting D





#### Safe Swim Defense

Before a BSA group may engage in swimming activities of any kind, a minimum of one adult leader must complete Safe Swim Defense training, have a commitment card (No. 34243) with them, and agree to use the eight defenses in this plan.

# **Supplemental Wolf Den Meeting D**

#### **Swimming and Boating Safety Rules**

Achievement 1h and i. Elective 20b. Swimming Belt Loop.

# **Preparation and Materials Needed**

- ▶ Make arrangements for the boys to swim at a pool. Arrange for adequate adult supervision.
  - Have parents and leaders take the Safe Swim Defense and Safety Afloat online training at www.scouting.org/myscouting.
  - If you've arranged for a lifeguard or supervisor at the pool to conduct instruction and lead the activity, provide them with a copy of this plan.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Scouts and others to bring swimsuits and towels, sunscreen if needed
  - Swimming belt loops for each Scout

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

# **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

- ▶ Achievement 1h: Using a basic swim stroke, swim 25 feet.
- ▶ Achievement 1i: Tread water for 15 seconds or as long as you can. Do your best.
- ► Elective 20b: Know boating safety rules:
  - Go boating only with a grown up.
  - Wear a personal floatation device.
  - Don't overload the boat.
  - Stay with the boat, even if it leaks. It will keep you afloat.
  - When you see lightning or a storm coming, head for shore.
- **Swimming belt loop:** Complete these three:
  - Explain the rules of Safe Swim Defense. Emphasize the buddy system.
  - Play a recreational game in the water with your den, pack, or family.
  - While holding a kickboard, propel yourself 25 feet using a flutter kick across the shallow end of the swimming area.

### **Want More Fun Activities?**

For the recreational game, you might play a water game, if permitted at your pool:

- ► Pool volleyball? Cannonball contest? Pool tag?
- ▶ Ping-pong race: Scout blows a ping-pong ball ahead of him as he swims a given distance. He cannot touch the ball with his body.
- Newspaper delivery: Each Scout swims a distance on his back carrying a newspaper, and hands the paper to a judge at the finish line. The judge decides the winner on the basis of whose newspaper remained the driest.
- Or play your den's favorite water games.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting D



# Supplemental Den Meeting E



# **Supplemental Wolf Den Meeting E**

Be an Actor and Be an Artist

Elective 2. Elective 12d.

# **Preparation and Materials Needed**

- ▶ Identify any parents or other pack resources who have an interest in theater. Alternatively, you might see if a school drama teacher or community theater actor or set person would like to help. You might do this meeting as a field trip to that location if the theater is willing to assist you.
  - If you arrange a trip, be sure your host knows how long you need to have someone make a presentation, and that you've confirmed what can or should be covered for the Scouts.
  - Consider whether you can then perform your skit at an upcoming pack meeting or pack event.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - A variety of costumes or old clothes that can be used as costumes
  - Materials for scenery and props that line up with the likely skits you will select
  - Paper sacks for creating masks
  - Markers, yarn, glue, colored construction paper, and other craft supplies to decorate the masks
  - You might bring a selection of Cub Scout skits for the Scouts to review and choose.

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

# **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

- ► Elective 2a ("Help to plan and put on a skit with costumes."):
  - You might bring skit suggestions, or provide some costume materials and see if the Scouts can come up with their own skit.
- ► Elective 2b ("Make some scenery for a skit.") and Elective 12d ("Help draw, paint, or color some scenery for a skit, play, or puppet show.")
  - To be determined based on the materials available and the plan for the skit.
  - If you do this over two meetings, you can identify needed elements for the second meeting.
- ► Elective 2c ("Make sound effects for a skit."):
  - To be determined based on the materials available and the plan for the skit.
  - Page 119 of the Wolf Handbook gives some ideas that you may want to incorporate into the skit.
  - Scouts will likely have additional ideas about sounds for the skit.

- ► Elective 2d ("Be the announcer for a skit."):
  - This may rotate among the Scouts as they rehearse, if all are keen to earn this, or you will hopefully do several skits for the pack over the course of the year.
- ► Elective 2e ("Make a paper sack mask for a skit."):
  - Optional, but this gives some additional costuming and "Be an artist" activity.
- ► Present your skit!

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

# **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting E



# Supplemental Den Meeting F



# **Supplemental Wolf Den Meeting F**

**Make It Yourself** 

Elective 3.

# **Preparation and Materials Needed**

- ▶ If you are not a craftsperson, this is a great opportunity to enlist another parent who can lead crafts.
- ► Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies). For each boy, the following:
  - Rectangular block of wood, 3 by 4 inches and ½ to ¾ inches thick
  - Triangular piece of wood, 3 inches on one side
  - Spring-type clothespin
  - Wood glue
  - (Optional) Paint or stain to finish recipe card holder
  - Smocks or large old shirts

# **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

# **Gathering**

- ▶ Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

# **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 3a ("Make something useful for your home or school. Start with a recipe card holder."):
  - See diagram on page 124 for the recipe card holder.
  - One rectangular piece of wood, 3 by 4 inches, can be used for the base.
- ► Elective 3b ("Use the ruler on this page (125) to see how far you can stretch your hand.")

#### **Want More Fun Activities?**

This meeting may need a dose of Feats of Skill or games for active fun!

- Be ready, if you sense it is dragging, to pull out a quick game or quick set of Feats of Skill.
- Other Suggestions: Pick a game or relay from another portion of this Guide, or pull something from the emergency fun box.

# Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting F



## Supplemental Den Meeting G



### **Supplemental Wolf Den Meeting G**

**Outdoor Adventure** 

Elective 18.

### **Preparation and Materials Needed**

- ▶ Well in advance, select a date, time, and location for your picnic and inform the den. If needed because of weather, you can picnic indoors. You may wish to plan this event with another den or with your entire pack.
- ▶ Plan a meal or snack arrangements according to the time of day of your event. Each family could bring their own picnic or each family could bring part of the meal.
- ▶ With the families of the boys in the den, decide who will bring what food and picnic supplies.
  - Determine what sort of games your den would like to play at the picnic. Take ideas from families and/or assign families to bring their favorite games to play.
  - You might choose the games in Elective 4.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Food and picnic supplies (to the extent not delegated to other families).
  - If you will be outdoors, bring sunblock and a first aid kit.
  - Game supplies for the games you will play, to the extent parents don't bring them:
    - Pie tins and washers or pennies for washer toss
    - Marbles and targets for Marble Sharpshooter
    - Rings and a stake or stick for the ring toss game (you could bring rings, or make them out of roper, rubber, wire, heavy cardboard or folded newspaper)
    - For a bean bag toss game, bean bags and a target (could be flower pots, or create a target like the one shown on page 130 of the *Wolf Handbook*)
    - A "flag" to play Capture the Flag (Elective 4f) (could be a neckerchief)
    - A treasure for a treasure hunt, dried beans (or a substitute) in a jar (Elective 18c)

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

### **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► Elective 18a ("Help plan and hold a picnic with your family or den.")
- ▶ Picnic games: choose from the following (*Note:* Some of the games can be played in groups of two to four; some are for the whole den and family members):
  - Elective 4a: Pie-tin Washer Toss
  - Elective 4b: Marble Sharpshooter



- Elective 4c: Ring Toss
- Elective 4d: Beanbag Toss
- Elective 4f: A wide-area or large group game with your den or pack. Could be ultimate, could be Capture the Flag, could be something else.
- Other games that the den likes.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting G



## Supplemental Den Meeting H



### **Supplemental Wolf Den Meeting H**

**Spare Time Fun** 

Elective 5.

### **Preparation and Materials Needed**

- ▶ Identify any parents or other pack resources who have an interest in kites.
- ► See also for more ideas, the following:
  - See the ideas on page 132 and following of the *Wolf Handbook* for kite designs.
  - Do an Internet search for "kite designs for kids" and figure out which ones are best for you.
- ▶ Make arrangements for a field trip to a field or other outdoor space where you can fly the kites.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - If you follow the *Wolf Handbook* design for a paper bag kite:
    - Large paper grocery bag for each boy (bring extras)
    - Tape
    - Single-hole punch (optional)
  - If you follow other kite designs from the Wolf Handbook or other sources, follow their instructions.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

### **Opening**

► Conduct a flag ceremony, indoor (**Achievement 2b**) or outdoor (**Achievement 2f**). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (**Achievement 2a**); Cub Scout Promise or Law of the Pack; lead patriotic song.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ► Elective 5a ("Explain safety rules for kite flying."):
  - Fly kites away from electrical wires.
  - Fly kites in fair weather. Put them away if a storm approaches.
  - Make kites with paper and wood, never metal; it might attract lightning.
  - Use dry string for kite line.
  - Fly kites in an open field or park, never on a street or railroad line.
  - If a kite gets caught in wires, a treetop or somewhere else, have your parent or another adult see if it can be saved.
- ► Elective 5b ("Make and fly a paper bag kite.") See the ideas on pages 133–134 and following of the *Wolf Handbook*.

### **Want More Fun Activities?**

This meeting may need a dose of Feats of Skill or games for active fun!

- ▶ Be ready, if you sense it is dragging, to pull out a quick game or quick set of Feats of Skill.
- ► Other suggestions: Pick a game or relay from another portion of this Guide, or pull something from the emergency fun box.

### Closing

- ► Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

### Supplemental Den Meeting H



## Supplemental Den Meeting I



### **Supplemental Wolf Den Meeting I**

### **Make It Yourself**

Electives 3c and 3d.

### **Preparation and Materials Needed**

- For this meeting, you'll want to meet where you have safe access to, and supervision of, woodworking tools. You might make arrangements for a field trip to your local hardware store, lumberyard, or local woodworker (your pack may have ideas about who has safe woodworking tools; chartered organization maintenance or facilities personnel may be willing to assist).
- ▶ Working with tools requires greater supervision, so have additional parents who are handy with tools.
- ▶ *Note:* Power tools are not appropriate for use by Cub Scouts. (See Age-Appropriate Guidelines for Scouting activities at www.scouting.org/HealthandSafety/Resources/AgeAppropriateGuidelines).
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Bring wood to build a bench fork and doorstops for each Boy (**Electives 3c** and **3d**). See plans on pages 126-127 of the *Wolf Handbook*.
  - Bring hand saws, coping saws, C-clamp, safety glasses, and markers.
  - Sanding paper and paint or stain to make the doorstop.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

### **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

#### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

► Elective 3c ("Make and use a bench fork.") and Elective 3d ("Make a door stop."): See plans on pages 126–127 of the *Wolf Handbook*.

#### **Want More Fun Activities?**

This meeting may need a dose of Feats of Skill or games for active fun!

- ▶ Be ready, if you sense it is dragging, to pull out a quick game or quick set of Feats of Skill.
- ▶ Other Suggestions: Pick a game or relay from another portion of this Guide, or pull something from the emergency fun box.

### Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.
- ▶ Identify any parents or other pack resources who have an interest in machines, preferably with access to trucks or construction equipment. Alternatively, you might see if a construction site, or a manufacturing facility or farm, would allow you to do this meeting as a field trip where they can show you their machinery.
  - Be sure your host knows how long you need to have someone make a presentation, and that you've confirmed what can or should be covered that would be interesting and fun for the Scouts.

## Supplemental Den Meeting I



## Supplemental Den Meeting J



## **Supplemental Wolf Den Meeting J**

**Machine Power** 

Elective 8.

### **Preparation and Materials Needed**

- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Hardhats and/or safety glasses, if necessary
  - If you don't have a field trip or visitor, have books or other information available about machines, and/or models of trucks and/or construction machinery.
  - If you aim to complete other **Elective 8** achievements, then bring these items:
    - For Elective 8b, a wheelbarrow, or other tool that uses a wheel and axel.
    - For **Elective 8c**, a pulley (from a hardware store, or perhaps you have blinds that operate on this). Ideally, borrow a block and tackle to show how pulleys can lift heavy things. A field trip site may well have this on-site.
    - For Elective 8d, an empty milk carton, a pencil, paper clip, tread, and a cup.

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

### **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ▶ Elective 8a ("Name 10 kinds of trucks, construction machinery, or farm machinery and tell what each is used for.") If possible, have the boys see the machines in use. If on a field trip, this may fill up your meeting time.
- ► If not a field trip, you might do other **Elective 8** achievements:
  - **Elective 8b** involves a wheelbarrow or other tool that uses a wheel and axle. But you'll need to create some work to be done with the tool!
  - For **Elective 8c**, this is a pulley (from a hardware store, or perhaps you have blinds that operate on this).
    - Ideally, borrow a block and tackle to show how pulleys can lift heavy things.
    - A field trip site may well have this on site.
  - For **Elective 8d** and the windlass, use an empty milk carton, a pencil, paper clip, tread, and a cup.
    - (See Wolf Handbook, page 151)
    - Ideally, use this to transport something. Perhaps snack items?

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting J



### Supplemental Den Meeting K



### **Supplemental Wolf Den Meeting K**

Be an Artist

Elective 12.

### **Preparation and Materials Needed**

- ▶ Identify any parents or other pack resources who have an interest in art. Alternatively, you might see if a hobbyist or art teacher can visit your den meeting, or you might do this meeting as a field trip to an art classroom or artist's studio if they are willing to assist you.
  - Be sure your host knows how long you need to have someone make a presentation, and that you've confirmed what can or should be covered that would be interesting and fun for the Scouts.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - Crayons or washable colored markers
  - Red, yellow, and blue paint
  - Paper for drawing and painting
  - Poster board
  - Smocks or large old shirts

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

### **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

### **Activities**

- ► Elective 12b ("Tell a story in three steps by drawing three cartoons.") Allow each Scout to develop his own cartoon story.
- ► Elective 12c ("Mix yellow and blue paints, mix yellow and red, and mix red and blue. Tell what color you get from each mixture.")
- ▶ Elective 12f ("Make a poster for a Cub Scout project or a pack meeting.") Have each boy, or boys working in pairs, make a poster promoting the pack's conservation project, or a pack meeting, pinewood derby, summer camp, or other pack activity.

### **Want More Fun Activities?**

This meeting may need a dose of Feats of Skill or games for active fun!

- Be ready, if you sense it is dragging, to pull out a quick game or quick set of Feats of Skill.
- Other Suggestions: Pick a game or relay from any of those provided throughout this guide, or pull something from the emergency fun box.

### Closing

- ▶ Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- ► Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

# Supplemental Den Meeting K



### Supplemental Den Meeting L



## **Supplemental Wolf Den Meeting L**

**Grow Something** 

Elective 15e.

### **Preparation and Materials Needed**

- Make arrangements for a field trip to a local botanical garden or other agricultural exhibition.
  - Consider whether local colleges, science museums, or nature centers have exhibits.
  - Someone who has a large and interesting private garden may be willing to host you.
  - Be sure your host knows how long you need to have someone make a presentation, and that you've confirmed what can or should be covered that would be interesting and fun for the Scouts.
- ▶ Materials checklist (add to your den Cub tub of U.S./den flags, paper/pencils, other supplies):
  - None unique

### **Before the Meeting**

▶ Make final preparations with assistance from any assistant den leader or other parent helper, den chief, and/or denner. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

### **Gathering**

- ► Have a gathering activity (games, puzzles, other) that will keep Scouts interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- ► Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.
- ▶ If you're on a field trip, as boys arrive, collect permission slips from parents who are not staying.

### **Opening**

► Conduct a flag ceremony, indoor (Achievement 2b) or outdoor (Achievement 2f). Options include: Gather in a line, circle, or square. Pledge of Allegiance; have the Scout leading the ceremony tell what the Pledge means (Achievement 2a); Cub Scout Promise or Law of the Pack; lead patriotic song.

### **Business Items**

- ▶ Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- ▶ Use this time to discuss participation in coming pack meetings or events, as needed.

#### **Activities**

- ▶ Elective 15e ("Visit a botanical garden or other agricultural exhibition in your area.")
- ► This meeting may need a dose of Feats of Skill or games for active fun!
  - Be ready, if you sense it is dragging, to pull out a quick game or quick set of Feats of Skill.
  - Other Suggestions: Pick a game or relay from any of those provided throughout this guide, or pull something from the emergency fun box.

### Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- ► Closing ceremony: Retire the colors (fold and return the flag), or have a den leader's minute with a Living Circle, or the Law of the Pack and den yell (or other ceremony).
- ► Hand out or send family information letter.

### **After the Meeting**

- ▶ If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- ► Refreshments: If appropriate
- Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.

