

Our Most Memorable Girl Scout Activities from when we were Daisies, Brownies, Juniors, & Cadettes *- Senior Troop 60560*



Art & Crafts:

*Create a Reusable Bag from a T-Shirt without Sewing. Use the bag to hold the candy that you will throw at the Apple Blossom Parade

<http://www.instructables.com/id/No-Sew-10-Minute-T-Shirt-Tote/>

*Create No Sew Blankets and donate to Project Linus or Animal Shelters

<http://www.bostonprojectlinus.com/blankets.html>

*Create Sit-Upons

<https://makingfriends.com/duct-tape-sit-upon/>

*Create Origami

www.origami-instructions.com/origami-for-kids.html

*Create Tissue Paper Flowers

www.instructables.com/id/Tissue-Paper-Flowers/

*Create Popsicle Stick Structures

<http://hative.com/homemade-popsicle-stick-house-designs/>

*Make pony bead bracelets with each color representing part of the Girl Scout law

<http://www.scoutingweb.com/scoutingweb/Subpages/GSLawBracelet.htm>

*Artist Badge

Use different mediums to create art – chalk on pavement, playdough, moon sand, structures using recycled materials, origami, clay, paint, photography

*Tie Dye T-shirt, Pillowcase, and Shoestrings

*Painting Party

*Create Holiday Cards for Valentines, Thanksgiving, etc. and deliver to Senior Center

Dance:

- *Line Dance at troop meeting led by older girl scouts
Cha Cha Slide, Macarena, Electric Slide, YMCA, Boot Scootin Boogie, Cotton Eyed Joe, Cupid Shuffle, Gangnam Style
- *Karaoke
- *Square Dance at the PCA
http://westford.org/pca/?page_id=314

Food:

- *Taste Teste
Blind taste testing of various brands. Discuss preferences and brand marketing
- *Potluck
Cook a favorite dish with parents and bring to troop event to share with friends
- *Ethnic Foods
Each meeting one Girl Scout brings food representing her heritage or a country of her choosing. With help from the parent, the girls learn about the ethnic foods
- *Baking
Make desserts and bring to school for Teacher Appreciation Week
Make cookies and bring to Police station, Fire station, Soup Kitchen, etc.
Make and/or decorate cupcakes
- *Outdoor Cooking in Fire Circles (Backyard, East Boston Camps) with Camp Songs
S'mores; Hot dog on a stick; Dessert Burrito, Muffin in Orange shell;
Tinfoil meals (cut-up vegetables with hamburger/chicken/tofu)
<http://www.boyscouttrail.com/boy-scouts/boy-scout-recipes.asp>
- *Bake Dog Treats
Bake and donate treats to Vet office to thank patrons for donating to Kitty Angels
<https://www.kurgo.com/dog-friendly-holiday-cookbook/>

Games:

- *Around the World Games (refer to "Global Games" attachment)
- *Relay Races
<http://pbskids.org/zoom/activities/games/>
<http://www.kidsplayandcreate.com/relay-races-ideas-for-kids-outside-games-for-kids/>
- *Field games, such as dodgeball and kick ball
- *Snowball fight

Hiking:

*Nature Walk/Hiking Locations

Stone Arch Trail, Stony Brook Conservation Land, Kissacook Trail, Tom Paul Trail, Grassy Pond Life Course and Trail

<http://westfordconservationtrust.org/trails/>

*Activities while Day Hiking

Follow map and/or trail blazes.

Find scavenger hunt items (beaver dam, birds nest, oak leaf, walking stick, etc)

Listen to identify nature sounds

Photography

Picnic lunch

*Activities while Night Hiking

Listen to identify nature sounds

Star Gazing and looking for Constellations

Outings:

*Apple Blossom Parade

Make troop banner, walk with Westford Girl Scouts, and throw candy

*Junior Jamboree (offered through GSEM)

*Math Moves U (offered through GSEM)

*MIT Haystack Observatory educational tour

<http://www.haystack.mit.edu/edu/index.html>

*WestfordCAT Studio Tour and Orientation

<http://www.westfordcat.org/services/classes/>

*MSPCA/Nevin's Farm educational visit or self-guided tour. Bring donations.

<https://www.mspca.org/adoption-centers/nevins-farm-adoption-center/humane-education-programs-at-nevins-farm/>

*Lowell Animal Shelter educational tour. Bring donations.

<http://www.lowellhumanesociety.org/get-involved/kids-programs/>

*Apple Picking

www.drewfarm.com/

www.parleefarms.com/

<http://www.farmerdaves.net/farm-stands/hill-orchard>

*Butterfly Place

<https://butterflyplace-ma.com/>

*The Happy Chocolatier – learn how chocolate is made, and taste test chocolate

www.thehappychocolatier.com/

- *World Thinking Day, hosted by Westford Girl Scouts
Daisies and Brownies attend and learn about each country, sample food, and/or do a craft or activity. Juniors and Older host a country and teach the Brownies and Daisies about the country
- *Tour Police and Fire Stations and participate in safety talk
- *Tour Veterinary Office
- *Movie Night hosted by Girl Scout parent
- *Halloween Party hosted by Girl Scout parent
- *Pajama Party hosted by older Girl Scout troop
- *Kimballs as end-of-year activity
- *Sports – Swimming, Kayaking, Canoeing, Ice Skating

Overnights:

- *Sleepover or Pajama party
- *Backyard Camping
- *Indoor Rock Climbing and Overnight
www.metrorock.com (opening at The Point in Littleton in 2017)
<https://verticaldreams.com/locations/nashua/>
- *Museum of Science Boston overnight (offered through GSEM)
- *Dive in Movie – swim, movie, & sleep at Raynham Athletic Club (offered through GSEM)
- *Mommy and Me camping (offered through GSEM)
- *Camp Runels overnights (offered through GSEM)

Science & Technology:

- *Do Fetch with Ruff Ruffman hands-on activities
<http://www.pbs.org/parents/fetch/activities/ruffguide.html>
- *Make Goop
www.instructables.com/id/How-to-Make-Goop/
- *Make Perfume – lavender, rose, vanilla, herbs
<http://mykidcraft.com/rose-fairy-perfume/>
<http://playtivities.com/homemade-perfume/>
- *Make Playdough
www.pbs.org/parents/crafts-for-kids/no-bake-play-dough/
- *Make Paper from scraps of old paper
www.pbs.org/parents/crafts-for-kids/homemade-paper/

- *Make a Small Window Garden
Plant seeds/seedlings (use yogurt cups or soda bottles with holes in bottom), water, and watch them grow
<https://www.kidsgardening.org/gardening-basics-indoor-seed-starting-qa/>
- *Make a Bird House
Use a paper milk, juice, half & half container
<https://www.craftcreatecook.com/birdhouse-crafts-kids/>
- *Do Science Experiments
<http://www.sciencekids.co.nz/experiments.html>
- *Create Troop Video of your favorite Girl Scout activities and present to parents
- *Make a Movie

Volunteer:

- *Volunteer to lead crafts/activities at Westford Funfest (contact pmason6@verizon.net)
<http://westford.org/funfest/>
- *Volunteer at Massachusetts Special Olympics Summer/Winter Games
<https://www.specialolympicsma.org/get-involved/as-a-volunteer/>
- *Volunteer at Lowell Wish
<https://thewishproject.org/volunteer/overview/>
- *Rake Yards for Seniors
<https://westfordma.gov/625/Volunteers>
- *Serve Thanksgiving lunch and play Bingo with Seniors at the Westford Senior Center
<https://westfordma.gov/625/Volunteers>
- *Clean-up Westford by picking-up trash littering common areas
(school playgrounds, paths connecting schools, sports fields and bleachers, trails)
Participate in Westford Clean-Up Day in April, sponsored by Roudenbush
- *Prepare and Serve Meals at Soup Kitchens, such as St. Paul's Soup Kitchen in Lowell or Cor Unum in Lawrence
- *Plant Flower Bulbs at library, schools, etc.
- *Charity Walk
Participate in Walk. Volunteer at water stations.
<http://roadrace.westford.org/>
www.liveforliv.com/
www.finleyfighters.com/

Sisterhood is...

- ...being loyal and trusting one another
- ...helping each other and those in need
- ...having a good friendship
- ...having friends who help you in times of need
- ...respecting and supporting each other
- ...building precious memories together
- ...not excluding anyone because they are different
- ...learning from each other
- ...having unity
- ...loving each other unconditionally
- ...being kind and close to each other
- ...bonding with each other
- ...getting to have a shoulder to lean on
- ...knowing someone will always have your back
- ...creating new friendships
- ...growing faith in each other
- ...getting advice and guidance from each other
- ...knowing when someone needs a little push in the right direction